

A N N U A L
N A R R A T I V E R E P O R T

Yuma County

December 1, 1953

November 30, 1954

* * * * *

AGRICULTURAL EXTENSION SERVICE

Miss Mariel Hopkins
Home Demonstration Agent

Miss Mariel Hopkins
Home Demonstration Agent
Yuma County, Arizona
1954

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ANNUAL NARRATIVE REPORT

of

Miss Mariel Hopkins
Home Demonstration Agent
Yuma County

1954

C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

(a) Highlights

Adult Work

Nine Home Demonstration Clubs and four associate clubs have held one hundred and seventy-eight meetings during the year with an attendance of four thousand and twenty-four. Of these seventy-seven, were attended by the Agent with a total attendance of twenty-two hundred and twenty-nine.

To show how the work has been divided during the past five years, is the following:-

Year	Home Demonstration Agent		Assistant Home Demonstration Agent
	Days devoted to adult work	Days devoted to 4-H work	Days work in County
1950	145	140	90
1951	127	154	148
1952	126	159	
1953	132	155	
1954	123	164	

The explanation for the increase in number of days spent on 4-H club work during the past four years lies in the fact that there was a general transition from clubs in schools to community clubs. In many instances, leaders have required a lot of Agent help. An effort has been made to divide the time equally between adult work and 4-H work.

Other than the above meetings, such organizations as the Business and Professional Women's Club, the Zonta Club, the Delta Kappa Gamma Educational Association, the American Association of University Women, Yuma Chapter Number 14, Order of the Eastern Star, have been served by the Agent. A county-wide program in nutrition, clothing and home management was planned with the State Office and has been carried out.

Nutrition

A leader meeting for the Southern part of the County and another

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

(a) Highlights (cont.)

Nutrition (cont.)

for the Northern part of the County was held in 1954. Subject, "Bread Enrichment", Mrs. Elsie Morris, Extension Nutritionist was in charge. In addition, one leader meeting was held in the Northern part of the County. Subject, "Making of Yeast Rolls." The Home Demonstration Agent was in charge.

During the year, the Agent has carried a program with all Home Demonstration Clubs by means of demonstrations, discussions and work meetings. Subjects included have been: Christmas Foods, Nutrition and Health, Dairy Foods and Home Pasteurization of Milk, Packaging Foods for Freezing, Salad Making. Results from these meetings have been tabulated and entered in the statistical report.

As in previous years, the Agent has found repetition among clubs of nutrition leader meetings from previous years such as: "Importance of a Good Breakfast", "Foods, When Entertaining", "Meals that Can Wait", "Salads from Locally Grown Produce", "Favorite Mexican Dishes", "Holiday Meals", "Grapefruit Desserts", "Mid-Day Meals", "Safe Reducing."

As in previous years, the Agent has answered inquiries and distributed Extension Bulletins on freezing and canning of foods, child care and training, gardening, menu planning, etc. In addition, a bulletin board in the Agent's office has served to dispense bulletins on the various phases of nutrition.

There has been spread of influence in all communities through local leaders and it is estimated that approximately three hundred and sixty-five families have been assisted by the adult program.

Clothing

Miss Helen Church, State Clothing Specialist has been in Yuma County on two separate occasions during 1954 in the interest of the Clothing Program. In January, a leader meeting for advanced 4-H club work was held with Miss Helen Church, State Clothing Specialist in charge. In October, two leader meetings, one for the Southern and one for the Northern end of the County - subject, "Altering Ready to Wear", were held with the Specialist in charge. Statistical data for Clothing Leader meetings will be reported under D XIV of this report.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

(a) Highlights (cont.)

Clothing (cont.)

There have been method demonstrations by the Agent and Leaders during the year on. Pattern Alteration, Christmas Gift Suggestions, Stay Stitching, Pressing, Accessories, Dress Alterations, Tailoring Techniques, New Fabrics and Work Dresses.

There has been spread of influence in all communities through local leaders and it is estimated that approximately four hundred and twenty-five families have been assisted by the adult program.

Home Management and Family Economics

Miss Grace Ryan, the State Specialist, was in Yuma County, on one occasion for adult leader meetings pertaining to her field of work. In November, she was in charge of a Leader meeting on "Simplified Shirt Ironing" for Northern Yuma County and of a Leader meeting on "Floor Coverings" for the Southern part of the County. Results, to date, follow up meetings on the Leaders meeting "Wall Accessories" held November, 1953, will likewise be reported.

The work of the Specialist in previous years on the subjects "Importance of Correct Lighting in the Home" and on "Laundry Methods" continue to be a topic of discussion at local meetings. Women have adopted in good measure the methods taught. It is estimated that three hundred and fifty families have, during the current year, improved some phase of home life because of the teachings of Miss Ryan.

As in previous years, household accounts are being kept by the major portion of Home Demonstration Club members. The practice is in part due to the Home Demonstration program. However, for several years now, income tax returns have been the biggest factor in making the practice mandatory.

Work on "Refinishing Furniture" continues to be practiced in the County as a result of Leader meetings in 1949 and 1950. The making of slip covers, re-upholstery of furniture and making of lined drapes continues to be practiced in all communities as a result of Home Demonstration work. Most of these practices are a result of demonstrations in previous years. During the current year, three demonstrations or all day work meetings have been held by the Agent. There has been a report of twelve such meetings being conducted by Leaders. There have been others not reported.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

(a) Highlights (cont.)

Junior Work

A combined report for 4-H Home Economics and Agricultural Club work is being submitted in separate report. However, since more than half the Home Demonstration Agent's time was given to 4-H club work, it can scarcely be omitted from this report.

The Agent has supervised 4-H Home Economics projects in the County. In addition, time has been spent with the preparation and operation of such special events as a Yuma County Fair, County Council Meetings, County Leader Association Meetings, Leader Training Schools, delegations to 4-H Round-up and 4-H Camp, Recognition Banquet, etc.

This year, for the second time, the Junior Agricultural Fair was superseded by a real County Fair - the second Yuma County Fair. However, except for change of location from Crane School to a Fair Grounds site just beyond the Country Club on Highway 80, operation of 4-H exhibits and activities were similar to previous years. The exhibit building was a large tent shared with adult Home Economics, Art, Mineral, Horticulture and School exhibits. 4-H exhibits were set up in community booths as usual. Two hundred and twenty-one Home Economic 4-H'ers exhibited from one to seven articles. Demonstrations were for the second time this year given on a special contest day prior to the Fair. This was an improvement in every way over previous years and has become an established custom.

The Recognition Banquet was attended by approximately one hundred seventy-five 4-H members, leaders, parents and guests. Awards as in other years were made except for State awards. These had to be postponed until release dates set by the State office.

During the year, a total of nineteen Home Economics Clubs have been supervised by the Agent. This year, as for the past four years, practically all clubs have been community clubs. School authorities have played no part in organization or in operation. However, because of our hot summer climate, the major portion of project work has been carried during the school year.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

(a) Highlights (cont.)

Statistics

From the statistical report for the Home Demonstration Agent is the following:

Days spent in Adult Work	123
Days spent in 4-H Club Work	<u>164</u>
Total for the year	287

Days spent on Projects

Extension organization and program planning	79
House and surroundings, furnishings and equipment	42
Home Management	12
Clothing	78
Foods and Nutrition	42
Health	4
Family life, child development, parent education	5
Safety	4
Community development and public affairs	<u>21</u>
Total for the year	287

(b) Local Factors Influencing the work of the Home Demonstration Agent in Yuma County, is modified by local conditions most of which have to do with topography and climate. For this reason, as in previous years, a brief explanation seems justified. While the total acreage of Yuma County is in round figures, six million, or one-twelfth of the acreage of the entire State of Arizona, nevertheless, the total acres on which cultivated crops have been grown has been relatively small. Within the last ten years, about twenty-five hundred acres of land in the South Gila Valley and on the area north of the former Army airport have come into cultivation. And now, with the Wellton-Mohawk project being developed, the above promises to be changed.

However, at present, the acres under cultivation in Yuma County is little more than two per cent of the total. In general, this low percentage is due to unused land divided into soil highly productive but without water supply and hard pan plus caliche desert soil including small mountain ranges of comparatively low elevation. Of the land under cultivation, approximately one-third is farmed by tenants while two-thirds is owner-operated.

There is, as in previous years, a high percentage of shifting

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

(b) Local Factors (cont.)

rural population. These factors; that is distances to travel and large transient population, make follow-up checks of much more than average difficulty. Local leaders, also, can not function as effectively as in many other sections.

Another local factor influencing Home Demonstration work in Yuma County is the Mexican population. Approximately one-third of the County is Mexican. Of these Mexicans only a small percentage (approximately seven percent) are naturalized. These are highly patriarchal in family life. This accounts for the fact that while the children are accessible for extension work through the 4-H club work, the women are practically unapproachable. There are, however, women in our Home Demonstration clubs who speak Spanish and who have acted as interpreters in all community projects.

Mention should also be made of the Indian population. There are two Indian Reservations as follows:

- (1) Colorado River Agency located at Parker.
- (2) The Cocopah Reservation, located in the lower Yuma Valley. There is also the Fort Yuma Indian Agency located on Indian Hill, in California, directly across the river from Yuma.

For several years, the State policy was that Extension personnel should not work directly with Indians. Five years ago this policy was done away with and steps were taken to carry an Extension program with the new settlers in the Parker area as told later.

(c) Form of Organization

Yuma County Home Demonstration Work is organized under two headings as follows:

- (1) Work with adults through regularly organized clubs; through clubs other than those primarily organized for Home Demonstration work; through home visits; office and telephone calls; through individual and circular letters; through newspaper articles and radio broadcasts.

Regularly organized Home Demonstration clubs include the following areas: (1) Yuma vicinity (2) Upper Yuma Valley (3) Yuma-Mesa (4) Somerton (5) Gadsden (6) North & South Gila (7) Wellton (8) Mohawk Valley (9) Parker.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

(c) Form of Organization (cont.)

All Home Demonstration Clubs have a roster of members in the Agent's office and notices of meetings are sent to each member.

Clubs programs have been initiated at the County Home Demonstration Council meeting when club representatives, the Agent and State Office representatives have formulated a calendar for specialists work in the County and for subjects to be presented based on needs and interests. As nearly as possible, programs for the clubs have been planned on a yearly basis. However, during the current year, as in previous years, it has been difficult to realize this completely. Limiting factors have been: shift in interest; change in duties of club members; prolonged summer heat.

In the various subject matter fields in the adult program, the following leader meetings with the State Specialists in charge have been held:

January: Advanced 4-H Clothing Club projects, Miss Helen Church, State Clothing Specialist

March: "Bread Enrichment", Mrs. Elsie Morris, Extension Nutritionist

October: "Altering Ready-to-Wear", Miss Helen Church, Advanced 4-H Clothing Club projects, State Clothing Specialist

November: "Housework Made Easier", "Floor Coverings", Miss Grace Ryan, Extension Specialist in Home Management

In the case of adult leader training, duplicate meetings have been held for the Northern part of the County, with one exception as follows: Miss Ryan's subject matter in November was changed to more closely meet the needs of the women in the Northern part of the County.

During the year, the Agent has given back to clubs subject matter obtained at Extension and other meetings outside the County as follows: Annual Extension Conference, University of Arizona; State 4-H Roundup, University of Arizona; Extension Sewing Machine Workshop, Tucson; 4-H Club Camp, Church Camp near Prescott.

The work of the Agent entails, in addition to regular meetings, many home calls, telephone calls, conferences, publicity measures, etc.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

(c) Form of Organization (cont.)

As in past years, an effort has been made to supply homemakers with the latest published material in the Home Demonstration field. For the past seven years, this task has been simplified. A bulletin board has been installed in the Home Demonstration Agent's office, now located in the Courthouse in the County Agent's headquarters. In addition to the use of this bulletin board, bulletins are distributed at meetings and are mailed upon request.

Until two years ago, the one county paper cooperating with the Home Demonstration program was the Yuma Daily Sun. The first of January, 1952, a weekly called "Yuma County Farmer" came into being and the Home Demonstration Agent has carried a weekly column from it's beginning. In addition, special meetings have been announced in both the Yuma Daily Sun and the Yuma County Farmer.

In October of 1953, Yuma had it's first television station put in operation, KIVA. The Yuma County and Imperial County, California offices, have from the beginning cooperated in a fifteen minute program. At this, the Home Demonstration Agent has taken her turn. In addition, when the occasion arises, the Agent continues to give radio programs.

In all, during the year, four radio broadcasts have been given by the Home Demonstration Agent and eleven television programs.

D. PROGRAM OF WORK

(a) Factors Considered and Methods Used In Determining The Program of Work

As previously stated, the Agent has made an effort to keep the program of work as nearly uniform as possible. A great aid in this direction has been the County Homemaker Council.

That is, programs have been planned with club leaders, with state workers, and with other club women in the County. However, this practice has not interfered with the established plan of inquiring preferences from women in attendance at meetings as well as from constant study of local conditions.

The local leader movement began in Yuma County in the fall of 1939. Because of limiting factors, it at first, functioned on a limited basis only. The last seven years have seen the biggest advance in the movement partly because women are interested in the 4-H club movement and want to help in every way possible and partly because they have come to the realization that the movement has real worth.

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D. PROGRAM OF WORK (cont.)

(a) Factors Considered and Methods Used in Determining The
Program of Work (cont.)

Handicaps in the local leader movement have had to do with travel distances, climate, etc; and these handicaps, of course, continue. From the beginning, the movement has been carried in cooperation with the State Home Demonstration Staff.

In 1946, the Council set up County goals which have been used each year since when setting up club year-books, etc. These goals are as follows:

1. Each club works for a certificate of achievement.
2. An adequate lunch for every school child.
3. Improve club kitchens.
4. Establish calling week.
5. At least one annual family get-together.

Requirements for a Certificate of Achievements had been set up by the State Office as follows:

1. One meeting each month, minimum eight meetings a year.
2. Satisfactory secretary book.
3. Take part in a County or local achievement day; or a tour or exhibit.
4. Reports - Minimum two stories a year.
5. Majority of active members attend each meeting. (Club decides who is active).
6. Carry at least one project with local leader giving the subject matter back.
7. A representative attending each county meeting, state, if possible.
8. Sponsor at least one community activity.

After 1946, for several years, these goals and Certificate of Achievement requirements were consciously checked. Of late, they have come to be routine things from which each club operates.

For several years a program has been underway to create a club house or community center in the North Gila Valley and in the Rood or Upper Yuma Valley. The opportunity has come from school consolidations leaving an unused school building in each of these communities. These buildings are now being used as community centers for Extension programs.

The Gadsden Club, for some twenty-five years, had it's own clubhouse. It was a one room frame structure with a small kitchen and entry way. For years it served as the community

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D. PROGRAM OF WORK (cont.)

(a) Factors Considered and Methods Used In Determining The Program of Work (cont.)

center for club meetings, for voting, for Farm Bureau meetings, for youth organization meetings, for Sunday School, etc. Seven years ago, a youth center building was erected across the road from the schoolhouse and absorbed some of the functions of the Women's Clubhouse. Since the building was weathered considerably, the club decided to sell it and work toward building again. In 1950, the building was sold. The club still has the lots on which the building stood and a fund has been established toward building a new clubhouse. Last year, the lots were cleared of underbrush and have been used as a park site for picnics, etc. In March of this current year, the site was used for a county-wide barbeque sponsored by the Woman's Club. Proceeds were turned over to the Yuma County Fairboard and are helping to finance the erection of an exhibit building on the County Fairgrounds.

(b) Influence of State and National Agricultural Agencies

Except for 4-H club work, Home Demonstration work in Yuma County is quite distinct from other agencies. However, correlation does occur coming naturally rather than from a planned program.

Until seven years ago, the independence came from the fact that the office of the Home Demonstration Agent was in her own home. This came about originally, because of the crowded condition in the County Courthouse. There was no suitable place for the Home Demonstration Agent's office. Early in the spring of 1947, the Agricultural Adjustment Administration office was moved out of the County Agricultural Agent's headquarters. Thus office space became available. Considerable remodeling was done; putting in partitions, etc., so that each of the three Agents could have a room of his own with a general room and a general reception room as well. While the room for the Home Demonstration Agent has been small, it is quite conveniently set up with desk, filing cabinets, bulletin racks and bulletin board. At present, plans have been completed to move headquarters. A new second story addition to an office building on the Yuma Mesa, is being constructed and leased for the purpose. Larger and more convenient space will be thus available to all staff members. Telephone calls continue to come mostly to the Agent's home. This is to be understood, since for twelve years, women called the Agent before or after hours, in order, as they say, to catch her in.

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D. PROGRAM OF WORK (cont.)

(b) Influence of State and National Agricultural Agencies (cont.)

The Home Demonstration Agent has not made a practice of attending Farm Bureau meetings in the County unless especially requested to do so. The reason is a very full program making scheduling difficult. Each year, however, as the need arises, there are instances of cooperative work.

(c) Project Activities and Results

1. Organization

Sub Project A - Farm Organization

The town of Yuma is the center of interest for all the Southern part of the County. Rural people, without exception, come to Yuma for shopping and a large percentage of them have business interests in Yuma. The town is increasing rapidly in population and this increase is largely due to agricultural developments. The civic interests of the town all have part membership from the surrounding rural communities. For this reason, it has always been hard to draw a line between urban and rural activities.

It may be of interest to state here that the suburban section just south of Yuma and referred to as Yuma-Mesa was, in 1945, incorporated into the city proper. This is a residential section where the Agent goes, from time to time, for meetings. More than ten miles beyond is another section which is still known as the Yuma-Mesa and whose principal industry is growing of citrus. A third division designated as Yuma-Mesa is adjacent to the Air Base. It is here that the Yuma-Mesa veteran families live, those who drew plots of land from the government after the 2nd World War.

In the fall of 1949, a black topped desert road between Yuma and Quartzsite was opened which makes transportation much less difficult, and the people in the Northern part of the County more accessible than at any time previous. Nearing completion, at the present time, is a new blacktop road connecting Quartzsite and Parker in the Northern part of the County. This will further facilitate travel.

In Yuma County, needs of the different communities are varied and so the Agent can in no way limit her services to being a specialist in one line of work.

There is a high percentage of very well educated women in the clubs with which she works, so that she must always be on the alert that the material she gives is up-to-date and sound.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

This also operates to make the data given, adopted for use. The Agent finds that practices are quickly worked out by the groups in question to incorporate needs in a practical way. As a whole, the County is very reticent to do anything from a campaign angle, but people are serious minded and energetic in making the most of any opportunities for advancement which can be made practical. It is with this in mind that the Agent endeavors to make her program service really function.

Sub Project B - Home Economics Extension

As previously explained, the County Home Demonstration program, as much as is feasible, operates from the State Home Demonstration office which in turn operates from the Agricultural Extension Service office at the University of Arizona. Yuma County is allowed it's share of the services of the State Clothing Specialist, the State Home Management Specialist, the Extension Nutritionist and also the Acting State 4-H Club Leader in charge of Home Economic Club Work.

The State Leader of Home Demonstration Work assists with all County Council meetings, which have to do with planning.

Adult Homemaker Club meetings actually attended by the Agent during the current year, may be listed as follows:

December

2	Gadsden vicinity
3	North & South Gila Valleys
28	Upper Valley
31	Yuma Mesa

January

12	North & South Gila Valleys
13	Gadsden vicinity
25	Somerton vicinity
29	Mohawk Valley

February

5	Yuma Mesa
9	North & South Gila Valleys
10	Gadsden vicinity
17	Somerton vicinity
19	Yuma vicinity

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

March

9 North and South Gila Valleys
10 Gadsden vicinity
16 Parker vicinity
17 Yuma vicinity

April

1 Gadsden vicinity
20 North & South Gila Valleys
27 Upper Valley
30 Somerton vicinity

May

8 Upper Valley
10 Yuma Mesa
18 North & South Gila Valleys
19 Gadsden vicinity

June

8 Somerton vicinity
9 Upper Valley vicinity
11 North & South Gila Valleys
22 Yuma Mesa
23 Gadsden vicinity

July

12 Wellton vicinity
13 North & South Gila Valleys
14 Gadsden vicinity

August

2 Yuma Mesa
6 Gadsden vicinity
17 Wellton vicinity
24 North & South Gila Valleys

September

14 North & South Gila Valleys
22 Gadsden vicinity
23 Parker vicinity
27 Mohawk Valley

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

October

5	Parker vicinity
11	Somerton vicinity
12	North & South Gila Valleys
13	Gadsden vicinity

November

9	North & South Gila Valleys
10	Gadsden vicinity
18	Yuma

Sub Project C - Home Makers Council

A county-wide homemaker council, whose function is to determine program content for Home Demonstration work in the County, has become progressively a reality. By way of recording progress made to the present time, the following is told: During the war period, it was impossible to hold county-wide homemakers councils, because of the restrictions in travel which war brought. The Agent found it necessary to go from group to group in order to formulate plans. These groups decisions were pooled for a county decision. Then it was, she met individually with program committees and planned with them for the year for this particular club. The Victory Year Book, supplied by the State Office, was used for posting these programs and was distributed to members.

Since 1946, the County Office has published it's own Homemaker's Year Book. The general outline has each year been as follows: County goals; Club enrollment; Officers; Suggested programs subjects; Homemakers Creed; Calendar of month meetings. Also scattered through the book have been timely quotations and space has been provided for note taking.

For the past three years, year books have been made for each club. This has entailed working with program committees from each club separately. It has had certain advantages because less has had to be written in and clubs have been able to proceed in a better organized fashion.

The last seven years have seen a real advance in Home Demonstration planning through the Homemakers Council.

In October 1948, the County Council meeting resulted in members selecting the following for club study during the year 1949:

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SAMPLE YEAR BOOK FOR A
HOMEMAKER CLUB

OFFICERS

President..... Mrs. Robt. Smith
Vice President.... Mrs. L. C. Cravens
Secretary..... Mrs. Felix Segulja
Treasurer..... Mrs. Henry Frauenfelder
Reporter..... Mrs. E. E. Evans
Program Chairman.. Mrs. Geo. Lott

HOMEMAKERS

Mrs. Bud Ammons, Box 93, Gadsden
" Fred Braswell, Rt. 1 Box 79A
" Willard Blohm, Box 27, Somerton
" L. C. Cravens, Rt. 1 Box 77 "
" E. C. Cuming, Rt. 1 Box 135 "
" E. F. Cuming, Rt. 1 Box 135 "
" Dixie Bann, Box 92, Gadsden
" G. C. Baxter, Rt. 1 Box 114
" E. E. Evans, Rt. 1 Box 100 Som.
" Wylie Fitzgerald, 335 1st St.
" Henry Frauenfelder, Rt. 1 Box 95

Mrs. Bud Gilliland, P.O. Box 746 Somerton
 " Marion Griffin, Rt. 1 Box 91 "
 Hans Hölling, Rt. 1 Box 36 "
 " Frank Johnson, Rt. 1 Box 14 "
 " Elgy Kryger, Rt. 1 Box 146 "
 " Ira Lee, Rt. 1 Box 92 "
 " George Lott, Rt. 1 Box 88 "
 " N. August Nelson, Rt. 1 Box 74, Gads.
 " Howard Salyer, Rt. 1 Box 77, Somerton
 " Felix Segulja, Rt. 1 Box 130 "
 " Pete Segulja, Rt. 1 Box 101, Gadsden
 " Phil Sibley, Rt. 1 Box 100 "
 " Wm. Silva, P.O. Box 1228, Somerton
 " Robert Smith, Rt. 1 Box 86 "
 " Jack Snyder, P.O. Box 1116, "
 " Alva Thatcher, Gadsden
 " Nora Wynn, P.O. Box 1203, Somerton
 " Dudley Yowell, Rt. 1 Box 133, "

"The most satisfying happiness known to
 man is to create something; to sit and be
 impressed by the creations of other people
 is only a second-rate kind of happiness"

Dr. Harry Emerson Foskick

HOMEMAKERS' CREED

I believe in keeping a good house,
but a better home
I believe in lifting my eyes beyond
That home to broader horizons
I believe in the nobility of service
I believe that to look my best, to
Act my best, and to be my best is
My duty as a homemaker.

CLUB GOALS FOR 1954

1. To cooperate with community health programs.
2. To cooperate with youth organizations.
3. To call on homemakers in the community as prospective club members.
4. To help with the organization and preparation of the County Fair.

"Most arts require long study and application, but the most useful art of all, that of pleasing requires only the desire"

Lord Chesterfield

FEBRUARY

Date of Meeting: February 10th
Program Leaders: Marguerite Evans
Beryl Cravens
Report on "Wall Accessories" Leader
meeting
Roll Call: What I plan to enter in
the Fair.
Hostesses: Beryl Cravens
Frances Smith

Pot Luck Luncheon

Special days during the month:

February 12 Lincoln's Birthday, 1809
" 13 Silver Spur Rodeo Parade
" 14 Saint Valentine's Day
" 14 Arizona Statehood
" 22 Washington's Birthday, 1732

"A room hung with pictures is a room
hung with thoughts". Pictures do many
things for a room. They make dull places
sparkle; they bring the out-of-doors to
you. Besides, they add notes of color,
and complete room arrangement. Simple
pictures belong in simple homes, while
more ornamental ones could go into formal
homes.

MARCH

Date of Meeting: March 10th

Hostess: Mrs. Felix Segulja

Pot Luck Luncheon

Work meeting for the County Fair

Election of officers

Special days during the month:

March 13 County 4-H demonstration
contest

March 17 Nutrition Leader meeting
"Enriched Bread"

March 24 Fair entries close

The enriched white bread contributes
three important B vitamins; iron,
thiamine, riboflavin, niacin, protein
and food energy.

To bring the desired appetizing
meals and the necessary nutrients to
American tables, bread is of the
greatest help.

APRIL

Date of Meeting: April 14th
Program Leader: Mrs. Henry Frauenfelder

Report of Leader Nutrition meeting

Roll Call: What I enjoyed most at the
County Fair
Hostess: Mrs. Hans Holling

Special days during the month:
April 7 to 11 - County Fair
" 16 - Good Friday
" 18 - Easter

"Here are five basic needs of every human individual: (1) the need for being justly treated; (2) the need to be in a situation that makes sense; (3) the need for some personal recognition; (4) the need to feel oneself part of something significant; (5) the need to be getting somewhere.

H. A. Overstreet

MAY

Date of Meeting: May 12
Program Leader: Mrs. Nora Wynn
Report of Sewing Machine Clinic
Roll Call: A Health Suggestion

Hostess: Mrs. Frances Smith

Special days during the month:

May 9 - Mother's day
" 21 - Grammar School closes
" 28 - High School closes
" 30 - 4-H Club Sunday
" 30 - Memorial Day

"In the fellowship of the home, love gets its first and most powerful chance to grow. No other institution is quite like it. No other takes us into an atmosphere and into an association that so profoundly draw out our responses to others and theirs to us. What we know about the home is that, at its best, it exemplifies the best way for life to be lived".

JUNE

Date of Meeting: June 9th
Program Leader: Mrs. Caroline Lott

Roll Call: Vacation plans

Hostess: Mrs. Elizabeth Segulja

Special days during the month:
June 2 to 5 - 4-H Roundup
" 14 to 17 - Country Life Conference
" 16 to 23 National 4-H Club Camp
" 20 - Father's Day

"I'm sure I have a noble mind
And honesty and tact,
And no one's more surprised than I
To see the way I act"

Rebecca McGann, in the Cheerful Cherbut

"Good humor may be said to be one of
the very best articles of dress one can
wear in society. Thackery

JULY

Date of Meeting: July 7th

Social Meeting - Benefit Luncheon

Hostess: Mariel Hopkins

Special days during July, August,
September:

July 4 - Independence Day

August 9 to 14 4-H Club Camp

September 6 - Labor Day

September 13 - School opens

A survey among high school students regarding sandwich preferences revealed that 48 percent preferred hamburger, 28 per cent preferred bacon and tomato, and 23 percent liked ham sandwiches best.

The United States has more than 2,000,000 4-H club members in 87,000 clubs led by 275,000 local volunteer club leaders.

OCTOBER

Date of Meeting: October 13th
Program Leader: Club President

Reports of clothing leader meeting and
County Council planning meeting
Roll Call: A Sewing Short Cut I have
Found Useful

Hostess: Mrs. Marguerite Evans

Special days during the month:

October 6 Adult Clothing Leader meeting
" 7 4-H Clothing leader meeting
" 31 Halloween

Patterns run smaller than ready-to-wear.
Be sure to take your bust measure and buy
pattern accordingly.

Always press a seam after you have
stitched it. Press carefully and be
especially sure you do a good job.
Never cross one seam by another unless
seams are pressed.

NOVEMBER

Date of Meeting: November 10th
Program Leader: Mrs. Beryl Cravens
Report of Home Furnishing Leader meeting

Roll Call: What I have to be thankful for

Hostess: Mrs. Caroline Lott

Special days during the month:

November 4 Home Furnishing Leader meeting

" 11 Armistice Day

" 13 L-H Club Achievement Day

" 25 Thanksgiving

Glazed Sweet Potatoes with Orange

Place alternate layers of cooked sweet potatoes and sliced, peeled oranges in a greased baking dish (2 oranges to 6 medium sized potatoes). Make a sirup of; $\frac{3}{4}$ cup orange juice; 1 tbsp. orange rind; $\frac{1}{4}$ tesp. salt; $\frac{1}{2}$ cup sugar; 2 tsp cornstarch; 2 tbsp melted table fat. Pour sirup over sweet potatoes. Bake in 300°F. oven about 1 hour. Baste with the sirup several times during baking.

DECEMBER

Date of Meeting: December 8th

Christmas Work Meeting

Roll Call: A Christmas gift suggestion
Illustrated if possible

Hostess: Mrs. Betty Frauenfelder

Special days during the month:

November 28 to December 3 - National
L-H Club Congress

December 25 - Christmas (Saturday)

Happy, Happy Christmas

There's a sense of magic in the air
which wraps itself around the human
heart like a golden cord—

As hand grip firm—

Eyes shine bright—

And greetings ring sincere—

Bread is eaten in nearly every home
regardless of the ancestry of the people.
It is a linking factor between nearly all
nations.

JANUARY, 1955

Date of Meeting: January 11
Program Chairman: Mrs. Ethel Lee
Roll Call: A New Year's Resolution

Demonstration to be selected.
Hostess: Mrs. Ruth Johnson

Special days during the month:

January 1 New Year's Day
" 19 4-H Clothing member
meeting with Miss
Helen Church
" 20 4-H Clothing Leader
meeting with Miss
Helen Church

"It makes no difference if a family
is in one room or ten, in a shack or
a mansion. It is the attitude of the
members within the family that makes
a good home or a bad one."

January is the month to plant
roses and to prune shrubs.

RECEIPE FOR A HOME
From a Grandmother's Cookbook

1/2 cup of friendship
Add a cup of thoughtfulness
Cream together with a
Pinch of Powdered tenderness
Very lightly beaten.
In a bowl of loyalty.
With a cup of faith, one of hope
And one of charity.
Be sure to add a spoonful each
Of gaiety that sings
and also the ability to laugh
At little things
Moisten with the sudden tears
Of heartfelt sympathy
Bake in a good-natured pan
And serve repeatedly.

"Our greatest problem in life is to
create those relationships of confidence
and good will that promote our living to-
gether as human beings".

Mental Hygiene From Yesterday

"Finish every day and be done with it. You have done what you could. Some blunders and absurdities no doubt crept in; forget them as soon as you can. Tomorrow is a new day; begin it well and serenely and with too high a spirit to be cumbered with your old nonsense. This day is all that is good and fair. It is too dear, with its hopes and invitations, to waste a moment on yesterday".

——Emerson

"What a superb thing it would be if we were all big enough in mind to see no slights, accept no insults, cherish no jealousies, and admit unto our heart no hatred".

Elbert Hubbard

NOTES

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Home Demonstration Agent
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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project C - Home Makers Council (cont.)

Foods and Nutrition

Use of Plentiful Foods
Preservation of Foods by Freezing
New Methods of Freezing Citrus Foods
Nutrition

Clothing

Making over Clothes
Tailoring Techniques
Selection of Foundation Clothing
Making and Buying Children's Clothing
Home Dry Cleaning
Laundering Wool Sweaters
Basic Patterns

Home Furnishings

Color
Problem Windows
Draperies
Types of Furniture
Furniture Rejuvenation
Furniture Finishing and Repairing

In October of 1949, the County Council meeting resulted in recommendations for the year 1950.

After consultation with the State Office, the following dates, for the year 1950 were set for work in Yuma County:

January

4-H Clothing Leader Workshops
Tailoring School Achievement meeting

February

Nutrition Leader meeting "Meals That Can Wait"
4-H Leader Meal Planning Workshops

March

Nutrition Leader meeting "Salads Using Local Grown Foods"

April

Home Furnishing Leader meeting "Special Wood Finishes"

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project C - Home Makers Council (cont.)

May

Clothing Leader meeting "Pattern Alteration"

June

Clothing Leader meeting "Pattern Alteration"

September

Home Furnishing Leader meeting "Lighting"

October

Home Furnishing Workshop "Lamp Shades"

November

Clothing Leader meeting "Wardrobe Planning"

With the exception of the meeting on "Wardrobe Planning", the meetings were carried out as planned.

The fall of 1950, the Council made plans for work with the specialists during the 1951 year as follows:

January

Clothing Leader meetings "New Techniques"

February

Home Management Leader meeting "Laundry Methods"
4-H Home Management Leader Workshop

November

Nutrition Leader meeting, "Food and Entertaining"

In 1951, the following requests for specialists help were made:

Clothing

Workshops on better dress February, 1952
Wardrobe Planning October, 1952

Foods

Good Breakfast March, 1952
Food at Mid-Day December, 1952

Home Furnishing, Home Management

Room Accessories January, 1952
Care of Household Equipment November, 1952

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project C - Home Makers Council (cont.)

In October, 1952, the Yuma County Homemaker Council held it's annual program planning meeting. It took the form of a luncheon at Clymers with Miss Jean Stewart, State Leader of 4-H Club, as guest speaker. Thirty delegates were present, representing the following clubs: Gadsden Home Demonstration Club, Rood Home Demonstration Club, Somerton Vicinity Home Demonstration Club and Parker Home Demonstration Club.

To set the pace for planning, the Agent, previous to the meeting, sent to all clubs, copies of the leaflet "What's Ahead for Homemakers." This was an adaptation of leaflets discussed at the State Conference for Home Demonstration Agent's in June.

As a result of the meeting, the following suggestions for Specialists were sent to the State Office:

Clothing

Dresses that Work for You	March, 1953
Study of New Fabrics	October, 1953
4-H Projects	March & October, 1953

Foods

Preparing Menus for the Freezer	May, 1953
Safe Reducing	December, 1952
4-H Projects	December, 1952

Home Furnishings, Home Management

Short Cuts in Management	February, 1953
Wall Accessories	November, 1953
4-H Projects	February & November, 1953

In 1953, the County Homemaker Council meeting was held on Wednesday, September 30th. A variation from previous years occurred this year, due to the fact that the Home Economics Division premium list for the County Fair was up for revision. Since the greater portion of Fair Superintendents were also Council members, the task of revision was included in the meeting.

Seventeen leaders from nine communities attended the meeting which took the form of a luncheon at Clymer's Tea Room. Miss Jean Stewart, State Leader of Home Demonstration work, opened the meeting with a very informative presentation of the problems that develop with family increase and growth. The lead-

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project C - Home Makers Council (cont.)

ers were divided into interest groups during the luncheon as follows: Nutrition; Clothing; Home Improvement; Fair Premium list for Foods; Fair Premium list for Clothing; Fair Premium list for Canning and Freezing. In the afternoon, the group became a committee of the whole, heard the recommendations from the interested groups and voted on requests for specialists' help in 1954 as well as the changes to be made in the Home Economics Division of the Yuma County Fair catalog.

Requests for specialist help were as follows: Nutrition, Enrichment program with emphasis on (1) bread making in general (2) special occasion breads; Clothing, Short cuts in sewing with emphasis on (1) making western clothes (2) altering ready-to-wear; Home Furnishings, floor coverings with emphasis on (1) buymanship (2) care and upkeep of rugs and linoleums.

The following program for the year has subsequently been carried out: Home Furnishings, Miss Grace Ryan, State Specialist presenting "Floor Coverings" - First week in November, Nutrition, Mrs. Elsie Morris, State Specialist presenting "Enriched Bread" - Third week in March; Clothing, Miss Helen Church, State Specialist presenting "Altering Ready-to-wear" - First week in April.

Time has also been allowed for Leader Training 4-H meetings in the above weeks. In addition, Miss Church was in the County the third week in January for special work with advanced 4-H Clothing Project members.

Sub Project D - 4-H Clubs

It has become the custom to submit a separate report for 4-H club work.

It is deemed advisable to also include the report in the Home Demonstration Agent's Narrative for the following reasons:

(1) More than half of the time of the Agent has been devoted to 4-H Club work.

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

(2) Printed form ES - 21 (Revised June, 1954) by the Extension Service, Washington, D. C., states "The Annual Report is a record of the Year's work put into convenient shape for future reference.

From December 1953 to December 1954, Home Economics 4-H clubs in Yuma County have been in operation and have shown completions. Data is submitted for clubs whose year's work closed September 10th. Clubs organized since then will be submitted in next year's report. Home Economics enrollments and completions by clubs for 1954 are as follows:

<u>Club</u>	<u>Enrollments</u>	<u>Completions</u>
Bouse	10	10
Crane		
Jolly Commuters	14	9
Taste & Baste	43	30
Gadsden		
Stitch & Cackle	2	2
Go-Getters	20	19
Gila		
Up & Coming	13	11
Parker		
Stitch & Ditch	27	23
Haymakers & Homemakers	40	32
Jolly Cookers	7	2
Pitch-Patch	25	16
Quartzsite		
Hi-Jolly	5	5
Roll		
Busy Bees & Beavers	22	8
Somerton		
Jr. Homemakers	17	13
Wellton		
Desert Queens	14	12
Yuma Mesa		
Cook'n Chuckle	9	9
Hem & Ha	15	13
Jackrabbits	7	6
	<u>290</u>	<u>220</u>

Per cent completions - 76

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

During 1954, the Home Demonstration Agent spent 166 days with 4-H club work. This represented 57 percent of the total for the Home Demonstration program.

For the past eight years, Yuma County has had an Assistant County Agricultural Agent, who has been organization leader in 4-H Work for the County. New features have consequently been introduced into the program, such as: A Junior Agricultural Fair or County Fair, Recognition Banquet, night meetings for the older youth, County Council meetings. All of these events have made an increased demand on the Agent's time.

State workers who have visited the County for one or more days during the current year, in the interest of 4-H Home Economics club work, are as follows:

January

Miss Helen Church, State Clothing Specialist

March

Mrs. Elsie Morris, State Extension Nutritionist

April

Miss Jean Stewart, State Home Demonstration Leader
Mrs. Ellen Kightlinger, Acting State 4-H Club Leader
Miss Helen Church, State Clothing Specialist
Mrs. Elsie Morris, State Extension Nutritionist

October

Miss Helen Church, State Clothing Specialist

November

Miss Grace Ryan, State Home Management Specialist

Each year, the Fair is the big event on the 4-H calendar. The first Fair took place on April 6, 1946 and was cooperated in by the Agricultural Extension Service and the vocational classes at the High School. The event was sponsored by the Yuma County Senior Chamber of Commerce.

This was a one-day fair and was culminated in the afternoon by a dress revue and announcement of awards. In 1947, the

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Fair date was April 12. However, in order that more people might visit the Fair, it was thrown open to the public Friday evening, April 11, as well as all day Saturday, April 12. The Home Economics division was divided into three general divisions. (1) Exhibits (2) Demonstrations (3) Judging contests. By far the greater portion of exhibits were clothing work.

This second year saw a total of twenty-four demonstrations given in the Junior and Senior divisions. Judging contests were held in both clothing and foods.

Beginning in 1948 and through 1952, the Fair was open to the public for two complete days. Dress Revues were held in the evening and were supplemented by a program from the various clubs.

Because of the availability of such food supplies as sugar and fat, in 1948, there were for the first time, entries in foods. Baked goods from the three years of meal planning project requirements were selected for the premium list as follows: Baking Powder Biscuits; Muffins; Gingerbread; Butter Cake; Sponge Cakes; Yeast Rolls.

In 1948, the poster exhibit at the Fair took a different form in that it was put on an individual rather than a club basis. 1948 also saw the introduction of a frozen foods premium list. A freezer unit was loaned by a local firm for display purposes and a good start made toward including such a division in future Fairs.

In 1949, the Junior Agricultural Fair took place the eighth and ninth of April and as in previous years, was held at Crane School. In the clothing exhibit, blue ribbon dresses were exhibited on special standards for the first time. There were exhibited frozen foods also. Two upright home freezers were loaned by local firms. In the foods exhibit, two bleacher sections were covered with white paper, decorated with 4-H rosettes and used to display the entries. Foods poster entries showed an increase in both number and quality.

In 1949, for the first time, a theme was selected and carried

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

through for the dress revue. The theme was the 4-H Record Book. Four girls, recent Chicago trip winners, dressed in pastel formals, were mistresses of ceremonies. Mona Berry was narrator and used her own record book to talk from. A large record book formed a door through which the dress revue girls stepped. Opening and closing the door were Betty Jo Frauenfelder and Mary Lott. Joan Cannon Brown assisted Mona Berry as narrator. In 1949, there were thirty-three Home Economics demonstrations.

In 1950, exhibits at the Fair showed a marked increase in the foods division. Exhibits conformed closely with the entry list which in turn had been made to conform with requirements for the different project years. Frozen Foods exhibits showed the greatest increase in entries of any division.

The theme for the Dress Revue, was Fashions in the Sun. A back drop with cathedral windows through which special lighting effects were arranged, was used. The Revue itself, was well done and showed an improvement in form over previous years. Between scene entertainment, consisted of the following: A Spanish Dance by the Gadsden Go-Getters girls; a Tumbling Act by the Somerton girls; Two solos (4-H Songs) by Myrna Ellis of the Little Women club.

The year 1951, saw an advance in community leadership in preparation for the Fair. There were two pre-County Fairs as follows: (1) The Wellton Kiwanis Club sponsored a pre-County Fair for the communities of Roll and Wellton. (2) Gadsden had a pre-County Fair at the Gadsden Grammar School.

Organization of the Fair was planned through the County 4-H Leaders' Association and the County 4-H Council. This included such details as: Catalog, entry forms, superintendent sheets, rules concerning exhibits and exhibitors, appointment of superintendents and assistant superintendents, committees for Dress Revue.

Special mention should be made of the catalog which in 1951 for the first time, was full paper size and exhibited an improved organization and style over previous years.

Dates for the Fair in 1951 were April 13 and 14. However, since all clothing entries for the Fair had to be in by Wed-

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

nesday at 5:00 P.M. and since setting up for booths, decorations, etc., had to be done prior to that, it really meant that the Fair for Home Economics workers extended from April 10 to 14.

Again in 1951, the overall decoration of booths was done by Home Demonstration Clubs. The Dress Revue was held out doors. A special stage was built by the school and a carpenter employed by the 4-H Council.

In 1952, the Junior Agricultural Fair, in many ways showed an improvement over previous years. Planning meetings of special groups were very effective among which can be mentioned: 4-H County Council, 4-H Leader Council, Dress Revue Committee, Superintendents Committees.

The 4-H County Council this year, financed the building of booth partitions. They were built of celotex with board frames and each year, have been stored away as a permanent part of Fair equipment. These partitions were a great help in setting up the school auditorium for the displays. The Dress Revue stage setting in 1952, was the most elaborate and the most successful yet attempted; a huge flower, out of the center of which the Dress Revue girls stepped.

For the first time in 1952, a cash award of ten dollars was given to the overall Junior Dress Revue winner.

1953 saw a radical departure in the Fair, in that it expanded to be a bonafide County Fair of which 4-H is one division. A large plot of land beyond the Yuma Country Club, was designated as Fairground and the Pan-American Amusement Corporation was contracted to furnish exhibit tents and amusements. Since the plot was raw land, it was necessary to dig a well, to build rest rooms, as well as to move all 4-H cattle sheds, etc. There were no funds to begin with and it was much to the credit of the Board of Directors, that the Fair closed with a good surplus, with which to make improvements for the coming year. From the publics viewpoint, the Fair was a huge success.

In 4-H, there were twelve community booths prepared by the following clubs: Crane Taste and Baste, Jolly Commuters,

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Gadsden Go-Getters, Gadsden Stitch & Cackle, North Gila Up & Coming, Parker and Poston, Quartzsite Hi-Jolly, Roll Busy Bees, Antelope, Rood Merry Maids, Somerton Junior Homemakers, Little Women, Wenden Harquahala, Salome, Yuma-Mesa Hem & Ha and Yuma-Mesa Sewing Basket. Of these booths, the Somerton Junior Homemaker Club received top score. However, they were all very well done and reflected credit on the 4-H club program.

The 1953 Dress Revue was, however, both satisfactory and disappointing. It was satisfactory, because the girls participating did the best job of modeling of any year so far. They were, without exception, poised and business-like. Their garments fitted them unusually well and they really looked quite professional. In the Senior party dress division, there was particularly close competition. Finally, the judges gave Charlotte Salyer one point more than the three who tied for second place. These were Joan Koogler, Delia Torres, Betty Bickers.

The disappointment about the dress revue came from the availability of the stage. No decorating could be done as in previous years and no pre-practice sessions for the girls could be arranged.

Demonstrations

In 1953, for the first year, the County 4-H demonstration contest was held separately from the 4-H Fair and it proved very much a success both in the number of participants and in the quality of demonstrations.

This current year, the County 4-H Demonstration contest was held at the Somerton School on Saturday, March 13. Mrs. Ellen Kightlinger, Acting State 4-H Club Leader and Mrs. Mary Lou Shively, Home Economist for Public Utilities in Yuma, were judges of Home Economics demonstrations. All scheduled demonstrations were on hand and a very fine day's program resulted. Demonstrations given with awards were as follows:



Mariel Hopkins Says

By the Home Demonstration Agent

The second annual Yuma County Fair is here and a wonderful fair it is. You will need to take time off to really appreciate the wonderful exhibits—more than 350 entries in the baked foods division to mention just one.

Homemakers from all over the county have been working not only to prepare exhibits but to display them in an attractive and colorful fashion. The Fair Board has provided an asphalt floor for the exhibit tent which is a big help. You may remember that last year we walked on sawdust.

In 4-H Club work, members and leaders have been working early and late. We are proud of the exhibits and invite your careful scrutiny. There have been many inquiries about the Home Economics judges. We should say thank you to the Agricultural Extension Service at the University for sending three specialists for this purpose.

They are: Miss Helen Church, State Clothing Specialist; Mrs. Elsie Morris, State Nutrition Specialist; Mrs. Ellen Kightlinger, Acting State 4-H Club Leader. Miss Church and Mrs. Morris judge the adult Home Economics entries while Mrs. Kightlinger judges the 4-H entries.

These women are no strangers to Yuma County, having been with us periodically for several years. They are authorities in their special fields and have won the respect of all homemakers who know them. In the adult Home Economics exhibits this year an innovation is that the Danish system of judging will be used, that is—each entry of merit will receive a blue, red or white ribbon award.

While we are saying thank you, we should certainly include those who have worked so ably for our 4-H queen contestant, Claudia Yowell. Mrs. Agnes Salyer of Somerton has been over all manager and she's really been a whirlwind for the cause. We can't thank her enough. Of course, back of her has been a group of wonderful workers mostly from the Somerton-Gadsden area who have worked and spent unstintingly. To all of you we say a great big thank you. Saturday evening, April 10, at

7:30 the Annual 4-H Dress Revue will be held at the fair grounds. This is to be a gala occasion. There will be many remarkably fine entries beginning with aprons and mitt pot holders by the first year girls and ending with tailored suits and lovely party dresses by the advanced girls.

A beautiful stage setting with a South Sea Island theme is being designed under the leadership of Mrs. Gladys Carlisle and Mrs. Nora Wynn of Somerton.



4-H BOOTH . . . Betty Smith, left, and Marilyn Carlisle, Somerton 4-H'ers, smile happily in the Somerton 4-H booth during the 1953 fair. Seventeen 4-H clubs in the county have booths this year. (Farmer Photo)

4-H Exhibits Of Home Economics, Livestock Highlight Yuma Fair

YUMA COUNTY FARMER

THURSDAY, APRIL 8, 1954
YUMA, ARIZONA



DRESS REVUE GIRLS . . . Ready for the annual Dress Revue Saturday night are 4-H'ers, left to right, Marilyn Carlisle, Charlotte Salyer and Joan Watkins. The girls, wearing garments that they made themselves, have all been in the 4-H home economics program for a number of years. The Dress Revue, scheduled for Saturday beginning at 7:30 p.m. in the stage tent, will see dozens of girls modeling clothes that they have made. (Farmer Photo)

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Cook'n Chuckle 4-H Club girls working on Clothing project for Fair Exhibits.



A Community 4-H Home Economics Booth at the Fair.

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Sweepstakes Winners at 1954 Yuma County Fair, Left, Elva Warner (Jr.), Right, Charlotte Salyer (Sr.)



4-H Club Sweepstakes Winners at 1954 Yuma County Fair
Left, Mrs. Agnes Salyer, Right, Mrs. Nora Wynn

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Demonstrations (cont.)

10:00 A.M.	Baking Powder Biscuit	Christine Sibley	Gad. Go	
		Joan Minter	Getters	Blue
Junior	Foods We Should Eat Daily	Joan Watkins	Som. Jr.	
Foods		Ann Harrell	Homem.	Red
	Making Peanut Butter	Elaine Betts	Upper Valley	
	Cookies	Lillian Roden	Taste &	
			Baste	Red
	Making Whole Wheat Muffins	Rita Baxter	Gad. Go-Getters	Blue
	Making Muffins	Karen Standsberry	Taste &	
			Baste	Red
	Poached Eggs	Bonnie Pulver	Jolly	
			Cookers	Red
	Making a Salad	Karen Martin	Hay. &	
		Carolyn Le Pera	Homem.	Red
	Peanut Butter Cookies	Josie Lemon	Busy Bees	
		Lorena Pidgeon		Red
	Baked Custard	Wilma Stewart	Busy Bees	
		Iva Louise Jones		Red

Junior Clothing

Equipping a Sewing Box	Linda Thatcher	Gadsden Go-	
	Carmen Gradias	Getters	Blue
Marking a Dart	Elva Warner	Taste &	
	Dorothy Atherton	Baste	Blue

Senior Clothing

Putting in a Sleeve	Margaret Faulkner	Hem & Ha	Blue
Three C's of Carpeting	Barbara Braden	Jolly Comm.	Red

Senior Food Preservation

Freezing Eggs	Claudia Yowell	Stitch &	
		Cackle	Blue

Senior Dairy Foods

Making Cream Soups	Helen Faulkner	Hem & Ha	Blue
Cottage Cheese Variations	Charlotte Salyer	Jr. Homem.	
	Betty Smith		Blue
Let's Make Cottage Cheese	Laurens Harding	Hem & Ha	
	Joyce Barry		Blue

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Demonstrations (cont.)

Judging

In 1951 and 1952, Home Economics judging was not included with the Fair program, but was held as a separate event following the Fair. In 1953 and 1954, because the Demonstration contests were not held during the Fair, the Judging contests were held on Saturday morning of Fair week. Rings in both Foods and Clothing were set up following the plan of those to be used at the Round-Up.

This current year in Clothing, written reasons were given for pattern, fabric and findings, both Juniors and Seniors. Oral reasons were given for blouses and dresses. In food preparation, written reasons were required for menus, both Junior and Senior. Oral reasons were required for custards (juniors) and cakes (seniors). Results were tabulated and ribbon awards made at the awards assembly on Sunday, April 11. In all, seventy-seven girls took part in the 1954 Yuma County 4-H Judging Contest.

Sweepstakes

At the 1954 Fair, as in previous years, Sweepstakes were determined by the number of points earned by each 4-H member. Every blue and red ribbon represented a given number of points.

Home Economics winners in this individual contest were:

1. Charlotte Salyer
2. Elva Warner

Club Sweepstakes were determined by the average number of points accumulated per club member in the club. Winners in the contest were:

1. Somerton Junior Homemakers
2. Gadsden Go-Getters

This year, in addition to the dress revue at the Fairgrounds on Saturday evening, a pre-dress revue was held Tuesday evening at the B. & P. W. Clubhouse. The reason was that the judges could not stay over for judging.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Judging (cont.)

It proved to be a very good method for handling the judging, in that there was less interference and the girls also had opportunity to practice for the public revue on Saturday. Only seniors were judged on Tuesday. Winners who ~~will~~ compete in the State Roundup, were as follows: School dress outfit, Margaret Faulkner; Active Sports outfit, Susan Rohrbough; Best dress outfit, Norma Baldrige; Party dress outfit, Maybelle Mason; Tailored outfit, Charlotte Salyer.

All juniors were judged on Saturday at the dress revue by Mrs. Ellenore Face and Mrs. Margaret Pritchard. Dorothy Atherton was declared the over-all junior dress revue winner and because there is no junior state dress revue contest, she was awarded a ten dollar award.

Decorations at the public dress revue were worked out by the Somerton 4-H'ers and parents. Mrs. Gladys Carlisle was in charge. A Hawaiian theme was carried out in hand painted props, etc. Leis were awarded all the winners, including senior girls who were ineligible as state contestants, because they had previously been delegates to the National 4-H Congress in Chicago. These girls were: Corinne Moore, Joan Koogler, Rosalie Robles.

Roundup

The 4-H Roundup was held June 1 to 5 inclusive. Yuma County's delegation was as follows:

Number of Club Members	- Boys	15
" " " "	- Girls	28
" " " Leaders	- Women	3
" " " "	- Men	1
" " County Staff Members		2

The means of transportation was a Somerton School bus and the Home Demonstration Agent's private car. In all, the Home Economics contests in which Yuma County had entries were as

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Roundup (cont.)

follows:

<u>Judging</u>	<u>Events</u>	<u>Contestants</u>
Clothing	2	6
Food Preparation	1	3
Home Furnishing	1	3
<u>Demonstrations</u>		
Clothing	3	5
Food Preparation	2	3
Food Preservation	2	3
Dairy Foods	2	3
Home Furnishings	2	3
<u>Dress Revue</u>	1	5

This makes a total of sixteen events and thirty-four contestants. The discrepancy between the twenty-eight girls attending and this number of contestants is accounted for by the fact that some girls took part in two contests. A break-down of the various contests follows under subject, matter headings.



Yuma County Delegates at Roundup, 1954

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Roundup (cont.)

Yuma County's 4-H contestant in the Best Dress Division of Dress Revue, State Roundup, 1954



Yuma County's 4-H contestant in the Party Dress Division, State Roundup, 1954

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Senior Room Improvement Team Demonstration for
1954, "Decorating Our Room At College".



Senior Room Improvement Individual Demonstration
for 1954, "The Three C's Of Carpeting".

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project - D 4-H Clubs (cont.)

"Make It With Wool Contest"

For three years, advanced Yuma County 4-H girls have taken part in the "Make It Yourself With Wool" contest sponsored by the National Wool Growers Association. In 1952, at the contest at the State Fair, Myrna Ellis entered the senior division modeling a Forsman wool suit and top coat which she had made. Colors of her outfit were cinnamon, gray and old gold. She was awarded the portable sewing machine offered as a special prize by the American Woolen Association.

In 1953, five Yuma County 4-H girls entered the contest. They were as follows: Charlotte Salyer, a Miron Wool Flannel outfit in plain powder blue combined with a shepherd's check in matching blue and navy; Marilyn Carlisle, a Cambridge Gray Flannel outfit consisting of a circular skirt and lined Eton jacket; Helen Faulkner, a Miron Wool Flannel outfit (same material as Charlotte Salyer's); Sandra Gaines, a wheat yellow wool crepe dress of very interesting design; Joan Koogler, a sport dressmaker suit with a boxy lined jacket and a close fitting skirt.

Charlotte Salyer was the prize winner of the group. She was awarded sheer wool yardage, for a dress.

This current year, ten Yuma County 4-H girls entered the "Make It With Wool." They were as follows: Norma Baldrige, a Powder blue jersey dress and matching stole with black and white accessories; Joyce Barry, a Dusty Rose flannel dress and matching short jacket with black accessories; Mary Ellen Bobersky, a deep turquoise jersey dress with hand crocheted angora wool collar and hat band. Her accessories were black and white; Marilyn Carlisle, an imported grey flannel with hand embroidered dots in chinese red. Her accessories were navy blue; Helen Faulkner, a full length coat in frosted toupe lined, with avacado green milium satin. Her accessories were avacado green and brown; Margaret Faulkner, a swede suit of brown mixed with gold and grey; Laurene Harding, a sport full-length coat in heather tan. Her accessories were brown and orange; Susan Rohrbough, a full length coat in deep wine. Her accessories were black and teal; Charlotte Salyer, a royal red full

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

"Make It With Wool Contest" (cont.)

length coat with a grey wool dress and black accessories;
Betty Smith, a frosted blue short coat with red and grey
accessories.

All girls were in the Junior division, in which Yuma County
won three awards. Marilyn Carlisle won a trip to the Nat-
ional Contest in Salt Lake City, Utah; Mary Bobersky won
a portable feather weight sewing machine; Betty Smith won
wool yardage.



LOCAL WINNERS—Yuma county entrants in the "Make It With Wool" contest came out very well from the contest just ended in Phoenix. Marilyn Carlisle, center, took top honors and won a trip to Salt Lake City, Utah. Mary Ellen Bobersky was second and won a sewing machine while Betty Smith, right, won yardage. (Farmer Photo)

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

"Make It With Wool Contest" (cont.)



WOOL WINNER—Marilyn Carlisle, of Samerton, third from left, was named winner of the state 'Make it With Wool' contest. Miss Carlisle received a trip to Salt Lake City as her award. There she will compete for a first place trip to New York, London and Paris. With her are Connie Hertzog, Tucson, another dress-making winner; Mrs. Ellen Knightlinger, acting state 4-H Club leader; and Miss Helen Church, clothing specialist, University of Arizona.

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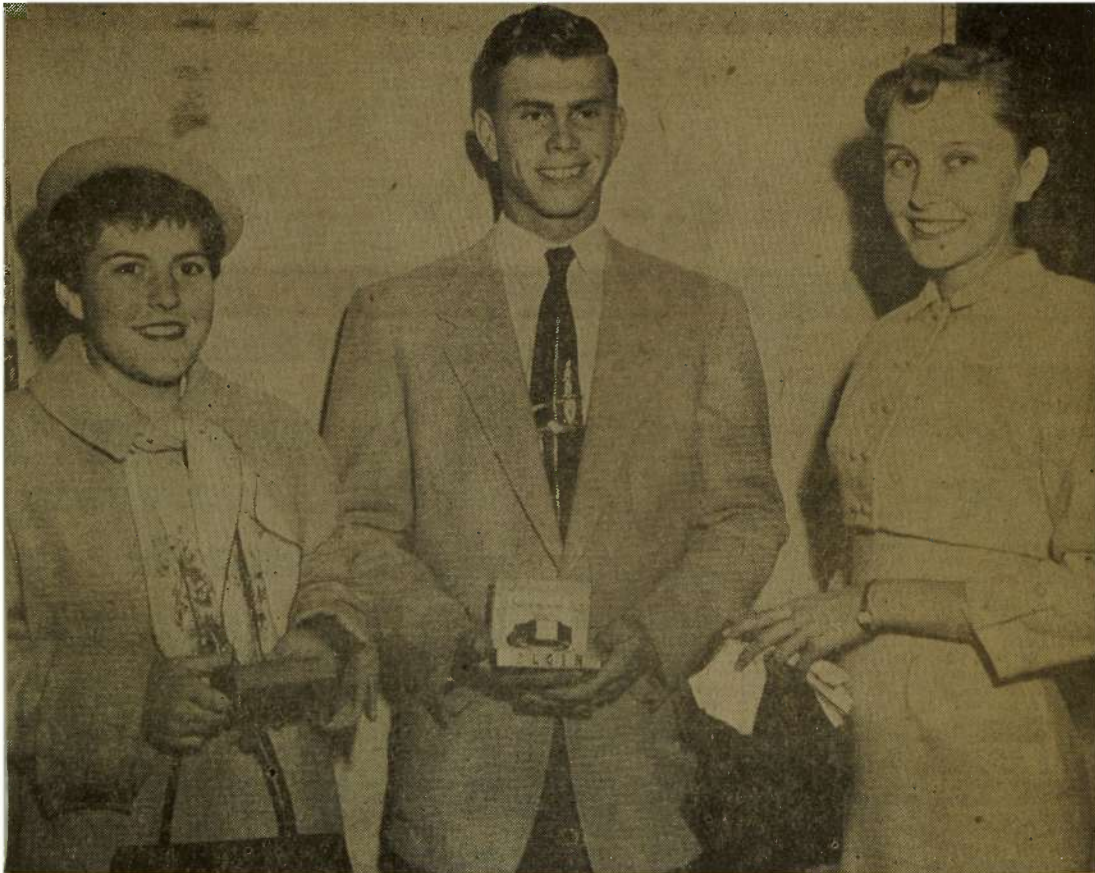
D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

"Make It With Wool Contest" (cont.)



WATCH WINNERS—Sporting new wrist watches presented to them for winning state 4-H contests are, left to right, Miss Laurene Harding, Danny Johnson and Joyce Barry. The two girls received their watches for their dairy foods demonstration while Johnson received his for leadership. The watches were presented at the Somerton Recognition Banquet.

Laurene and Joyce are wearing their "Make It
With Wool" outfits

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Candidates For National 4-H Club Camp

This current year saw good competition for the National 4-H Club Camp award on the County basis. Ten Yuma County Home Economics 4-H girls submitted records. From these, Rosalie Robles record was chosen as the County winner. She was, in turn, awarded the trip to Washington, D.C. as a State winner.

With the three other winners, she received nice recognition at the 4-H Roundup immediately preceding the trip. After her return, she spoke before several civic organizations in Yuma. She was also a guest on a television program with the Home Demonstration Agent in charge. In this latter, the time was spent in dialoging the highlights of the trip, using as illustrative material, a map of the United States, pictures of Arizona's delegation and slides showing points of interest enroute and in Washington, D.C. Objectives of 4-H Club work were stressed throughout. The program was well received.



Assembly at 4-H Roundup honoring delegates to 4-H National Camp. Rosalie Robles is fourth from the left.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Recognition Banquet

The Annual County Recognition Banquet was held Saturday, October 23rd. A slight change in place of meeting this year was that it was held in the Crane School Cafeteria, rather than the auditorium, as in previous years. This was an improvement from the angle of convenience of service. A decorating committee made up of senior and junior 4-H leaders did a nice job decorating for the event, using the 4-H motif combined with an abundance of coral vine.

One hundred seventy-five 4-H'ers, leaders and parents attended the event. An innovation in the program this year was that there was no outside speaker. Instead, reports were given by Yuma County's 4-H delegates on the 1953 4-H Congress and the National 4-H Club Camp. Everyone present, apparently enjoyed the program very much and the delegates, without exception, did an excellent job. The following is the program as given:

Master of Ceremonies	Corinne Moore
President, Yuma County 4-H Council	
Invocation	Rev. Donald J. Lathrop
First Methodist Church of Yuma	
Certificates of Leadership	Albert R. Face
Yuma County Agricultural Agent	
Yuma County Ass't County Agent in	
Charge of 4-H Club Work	Ray Weick
Special Award	James Williams
Manager, Yuma Sears Store	
Exchange Club	J. S. Sibley
Reports from 4-H Club Congress	Joan Koogler
	Danny Johnson
Report from National 4-H Club Camp	Rosalie Robles

I Installations

4-H Leader's Association Officers
4-H Council Officers

Community Singing America

Because of the distance to travel, clubs from the Northern part of the County have never participated in the County Achievement event. Last year, the clubs of Parker and Poston

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Recognition Banquet (cont.)

combined to have an Achievement Event of their own and it has become an annual affair. Last year, it took the form of a potluck supper at the Agricultural Extension Service Center in Poston and was a very successful affair, at least from the viewpoint of the Indian parents who came. They were very proud of the achievements of their children. The Agent took along the film strip "This is 4-H Club Work" from Purdue University. Miss Helen Church, State Clothing Specialist, accompanied the Agent and both took part in the program. This current year, the Home Demonstration Agent could not attend. The Ass't County Agent in Charge of 4-H Club Work, reported that the event was similar to last year and very successful.

Special Events

February of each year is the month of the Silver Spur Rodeo in Yuma County. The 4-H organization participates with a street event consisting of a show of livestock, poultry and rabbits and a program on Main Street the Saturday before official opening. They also prepare a float for the Rodeo Parade. This year, the Home Demonstration Agent was active both with plans and actual construction of the 4-H float. The float was outstanding in appearance and publicized 4-H club work in a very attractive manner. It carried out the theme of the parade "Agriculture, Industry, Recreation" by building three large books, one for each division, using a 4-H boy and a 4-H girl as book ends. On the front of the float, rode the 4-H Fair Queen contestant, Claudia Yowell. Green and white shredded cellophane was used to cover the entire float. It glistened in the sun and was lovely. One commentator said, "It's an extremely neat float." He meant that it was well organized and unified. It received one of the trophy awards.

Miss Helen Church, State Clothing Specialist, was in the County the week of January 18. On January 19th, a meeting was held in the Business and Professional Women's Clubhouse for the benefit of the advanced 4-H Clothing club girls.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Special Events (cont.)

The meeting began immediately after school and lasted until about six thirty. Many of the girls brought the projects upon which they were working and Miss Church advised them while the other girls looked on. Four short reels were shown on sewing techniques and selection. Refreshments were served. There were thirty-two girls in attendance and the meeting was very informative as well as a pleasant affair.

On January 21st, an all day 4-H Clothing Leader meeting was held at the Somerton Sewing Center. Twelve clothing leaders attended, with Miss Helen Church in charge and a very profitable day was spent in working on sewing techniques, featuring mostly work for advanced girls.

On December 30th, a County 4-H Demonstration Help Day meeting was held at Rood Community Center. The meeting got under way with about seventy-five 4-H'ers and leaders in attendance. There was a general session in the morning with Ray Weick as master of ceremonies. Two sample demonstrations were given, one a home economics team demonstration and the other an agricultural individual demonstration. At noon, there was a paper sack lunch supplemented with lemonade for the 4-H'ers and coffee for the adults. In the afternoon, there was a brief recreation period, then the group divided into home economic and agricultural sectional groups for a planning period.

4-H Camp

The State 4-H Camp this year, as for two years past, was held on the Church Conference grounds near Prescott. A delegation of fifty-one 4-H'ers went from Yuma County, thirty-three of which were girls. We left early the morning of the ninth of August, traveling in a school bus with a truck for our luggage and bed rolls. The entire week was a most pleasant one from start to finish. Counties included in the Camp, were Apache, Coconino, Gila, Navajo, Maricopa, Yavapai and Yuma. In addition to chaperoning the Yuma County girls, the Agent assisted Ray Weick with leather craft classes, with recreation and with song leading. Very complete leather craft materials and tools were furnished from the State office. Classes were large, but campers were much interested,

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

4-H Camp (cont.)

worked well and had quite successful finished products.
Tooled belts were most numerous among articles made.

The Agent has heard many favorable remarks about the camp since returning from both 4-H'ers and parents.

County Council Meetings

The Agent has attended and taken part in the meetings of the County 4-H Council. Dates for these meetings have been scheduled to precede County events when it was necessary to formulate policies and plans.

This is the fifth year that Yuma County has had a 4-H Leader Council. This organization has been a big help in organizing and scheduling duties for all County 4-H events.

On January 30th, the Yuma County 4-H Council and Leaders Association met in separate session and formulated plans for the Silver Spur Rodeo parade 4-H float and the 4-H Street Event activities, which took place the Saturday before the Rodeo. On March 6, they met again in separate session and important business relative to the County Fair in April was dispatched. This included a discussion of Fair catalog, entry blanks, superintendent's forms, etc. and appointment of needed committees.

The Yuma County 4-H Council and 4-H Leaders' Association held a joint meeting at the Yuma County Chamber of Commerce building May 1. Thirty-seven 4-H'ers and leaders were at the meeting. They discussed recommendations for improving the 4-H division at the County Fair, to include exhibits, dress revue, auction sale, facilities, organization, concessions, and a committee for revising the 4-H Fair catalog. The 4-H Roundup trip winners were announced. Mention was made that 4-H summer camp will be held August 9 to 14 at Prescott.

On June 12th, the Councils met in joint session to formulate a few plans for the late summer and early fall months. Leaders and Council members expressed a desire to have some

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

County Council Meetings (cont.)

type of money raising event in the Fall. On Saturday, September 4th, the 4-H Council and 4-H Leaders' Association, held meetings. Attendance at both these meetings was satisfactory, considering the extreme heat. Plans were formulated for the Annual Recognition Event to be held October 23 at Crane School. The date of October 2nd, was set for a second meeting of the Councils, to elect new officers, hear committee reports, etc.

Recreation

In community 4-H clubs, recreation is a part of most every meeting and usually one or two meetings are set aside during the year for a complete meeting on recreation.

Both last year and this year, a contest for Fair Queen has been conducted prior to the County Fair, as a fund raising project. Since 4-H has been the nucleus for the Fair, the Councils have voted both years to be a part of these contests. This year, Mrs. Agnes Salyer, leader of the Somerton Junior Homemakers club, sponsored the 4-H drive and a good many 4-H recreation events resulted. Among them can be mentioned: on February 21, a 4-H chicken pie supper was held in the Somerton School Cafeteria. It was attended by some 250 4-H'ers and friends; on March 28, a barbeque was held in the Gadsden Park. People came from all over the County and some six hundred people were served. In addition to the barbeque supper, Home Demonstration club members had a cake auction; on April 4th, a second chicken pie supper was held in the Pecan Grove School Cafeteria in Yuma Valley. In all these events, the Agent assisted with the planning and preparation of the food.

Our Queen contestant was Claudia Yowell. She was a most deserving as well as a lovely candidate. Competition was very keen and when final accounting was made, Claudia was in fourth place. The girl who won, was Sandra Gaines, one of our senior 4-H girls, who has won many 4-H awards, but who in this special event, was sponsored by an outside organization.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Recreation (cont.)

It has been generally agreed that the 4-H Council will not enter future contests of this kind. The reason is that the contest comes at a time when 4-H families are far too busy to be spending time on this type of community activity.

Three 4-H Pre-Fairs were held during March. The Somerton Pre-Fair was held in connection with the County Demonstration Contest. The Gadsden Pre-Fair included the dedication of their new school building. The women of the community, served a fried chicken dinner to a large crowd. The Parker Pre-Fair was, by the odds, the most pretentious attempted by that community to date, both in volume and quality of exhibits.

The civic organizations of Parker were united behind the event and arranged for prize money, as well as for setting up the details of the show.

This Fall, following the County Recognition Banquet, ~~this~~ ^{three} community recognition events have been held, one each in Somerton, Gadsden and Parker. These have all been gala occasions for the purpose of awarding 4-H pins and certificates.

Sub-Project E - Reports

Reports from the Home Demonstration Agent's office, take the form of a monthly narrative and statistical report. Weekly reports have been practically impossible, because of congestion in stenographic services or in the Agent's program.

The Agent has a calendar outline where she writes down appointments, makes notes concerning meetings, etc. Reports are largely made from this calendar.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition

In no phase of Home Demonstration work are the effects of a long term program more evident than in nutrition. Requests for assistance come from what communities have learned to be important, sometimes extending many years back. For this reason, it seems hardly fair to tell of one years work in nutrition without going back for at least a brief account of teachings and accomplishments in previous years.

Two decades ago, Yuma County, through the Home Demonstration service had an intensive course in child care. The Agent is still feeling the influence of this course and from time to time, she receives requests for the literature from the Children's Bureau in prenatal, infant and pre-school child care.

In 1949, the Agent added to her bulletin supply, the one entitled "Your Children from 6 to 12", published by the Children's Bureau of the Federal Security Agency. This last named, went to Camp Fire Guardians, to Parent Teacher Association committee members as well as to our Extension Personnel. This current year, there have continued to be requests for this bulletin.

The long established custom of giving advice on food preparation, means that the Agent is called on for advice in all phases of food preparation from supplying recipes to interpreting results.

Three factors have always influenced the growing of home vegetable gardens in Yuma County as follows: character of soil and water supply; climate; proximity of commercial vegetable growers. In a large portion of Yuma County, the soil is salt and does not lend itself to the growing of a variety of produce. Irrigation systems furnish water for comparatively large areas, but are difficult to adjust for a small area such as a home vegetable garden. The growing season extends for the entire year with possible exception of two months in the extreme heat of the summer. Because of commercial truck gardens, Yuma County markets are abundant in both variety and amounts of fresh fruits and vegetables and at a cost less than that of production on a small scale. In short, the growing of home vegetables and fruits is not generally practical in Yuma County. There are, of course, certain exceptions.

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project A - Food Production

Always, the Home Demonstration program in Yuma County, in all phases of Food production, has been subsidiary to that of the County Agricultural Agent. The Home Demonstration Agent has included timely information on poultry and egg production as well as home gardens in her publicity. 4-H garden and poultry projects are supervised by the Ass't County Agricultural Agent.

Sub Project B - Food Preservation

A part of the Home Demonstration Agent's time each month of the year is occupied with dispensing information on food preservation. This is because food material grows in Yuma County the year round.

However, this presence of fresh food materials has made Yuma County not one which cans or freezes heavily. The practice is to preserve the surplus which occurs and to use it to supplement the fresh vegetables and citrus fruits of the long growing season. Such fruits as apricots, peaches, pears, plums, cherries do not grow to any extent locally. The last few years there has been rather large scale trucking of such fruits from California which has stimulated home canning and freezing. Then, too, since Yuma is located on the border of California orchards, many homemakers go to California for the purpose of canning and drying the fruit.

The year of 1943, saw an effort to make the drying of vegetables in Yuma County practical. Dehydrators were built in farm communities and two result demonstrations conducted. While the dried products were fairly palatable, yet, without exception, homemakers preferred canned foods. Drying was not deemed of much practical use in Yuma County, because surplus can better be conserved by canning or freezing.

In 1943, also, when pressure canners were being rationed approximately one hundred new pressure canners were purchased in Yuma County. This has, in all subsequent years, helped materially the home canning of food materials. In years past, some work has been done by the Agent in testing the accuracy of pressure gauges. However, Yuma County's dry climate, together with sea level altitudes, tend to keep gauges accurate and to minimize the importance of such testing.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project B - Food Preservation (cont.)

The last seven years have seen a decided decline in canning in favor of freezing as a method of preservation. This seems to be due to the greatly increased facilities for freezing. In September of 1945, a commercial freezer storage locker plant was opened for trade with more than sixty percent of the rentals going to rural people. This plant is at present, operating at peak capacity. In addition, the last seven years, have seen home freezer cabinets installed in a great many of the rural homes in Yuma County.

From 1945 to the present time, the Agent has attended a total of six workshops on Food Preservation, given at the University of Arizona, under the auspices of the State Extension Staff. Each of these has served as a refresher course and results have been given back to all organized groups in the County.

The Agent receives many requests for information on packaging for freezing. These are, of course, all answered.

One thing should be mentioned here and that is the influence 4-H Club work has had in spreading up to date information on packaging for freezing. Some of the girls have worked up excellent demonstrations and in the process of so doing, have become very well informed, along with their leaders, on the subject. It has created an authoritative source of information in at least three county areas.

This current year, Claudia Yowell has again been a 4-H girl with a project in freezing. At the 4-H Roundup, she gave a senior individual demonstration on Freezing Eggs and came off high in her division, receiving a blue ribbon and a medal.

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project B - Food Preservation (cont.)



Claudia Yowell showing some of her frozen products

Sub Project C - Food Selection and Preparation

Work in food selection and preparation falls into three classes as follows:

1. Project work with adults
2. Request work with adults
3. 4-H Club work

Project Work With Adults

In 1949, the Extension Nutritionist, was in charge of a Leader meeting, "Favorite Mexican Dishes". It took the form of a buffet luncheon prepared, served and its nutritional value developed in a round table discussion. The menu was as follows: Chiles Rellenos; Frijoles Refritos; Rospadas; Ensalad d Agucata; Cocada; Coffee. While returns from this meeting have been fair, yet women have not been very enthusiastic, because the dishes were elaborate and relatively expensive and because living near the Mexican border, the art of Mexican cook-

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project C - Food Selection & Preparation (cont.)

Project Work With Adults (cont.)

ing is already highly developed in all communities.

In 1950, before Miss Reva Lincoln, Extension Nutritionist, resigned her position, she conducted two leader meetings in the County as follows: "Meals That Can Wait", "Salads from Locally Grown Products". These demonstrations have been repeated in part and in whole by leaders and by the Agent in former and during the current year. In the former, a "Master Mix", "Roux", etc., are used in the preparation of an oven meal, a broiler meal, as well as top stove dishes. The latter consisted of just what the title implied, the making of luncheon and dinner salads. Suggestions given in the demonstrations, have been widely used in all communities.

Early in November of 1951, Mrs. Elsie Morris, Extension Nutritionist, responded to a long expressed request of the County Homemaker Council. She conducted an all day leader meeting on "Food For Entertaining". The morning was spent in discussion and demonstration, after which the group divided for actual preparation of a noon day buffet meal designed for entertaining. Foods prepared were correct nutritionally, as well as being very attractive. Powdered milk was used in abundance. Food prepared included: a center-piece of an egg plant, tooth picks stuck with carrot curls, baconettes (broiled bacon curls with peanut butter), olives and cream cheese pecan halves, Chile Rellenos, broccoli and cauliflower salad on romaine, pin-wheel biscuit, cocoa with powdered milk topping, ambrosia, scotch toffee.

Between November 1951 and March 1952, in all eleven communities represented at the leader meeting, the subject matter and in five instances, demonstrations were given as follow-ups.

The largest carry over from this work, has been the increased use of dry skim milk as a supplement to whole milk.

In March of 1952, a County all-day meeting on "Good Breakfasts" was held with Mrs. Elsie Morris, Extension Nutrition-

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project C - Food Selection & Preparation (cont.)

Project Work With Adults (cont.)

ist, Instructor.

Laboratory phase of the meeting was the preparation of foods which the class members served as a noon brunch. Foods prepared were as follows: Fresh Fruit Centerpiece; Spoon Corn Bread; and Bacon. Dried non-fat milk was made up and served ice cold for the beverage. Coffee was also served.

The discussion phase of the meeting centered around a general explanation of the nutritional needs for a good breakfast. Emphasis was placed upon the importance of milk in the diet. The discussion method was very well developed and the entire group participated freely. Nine communities were represented. A questionnaire had been previously prepared by Mrs. Morris, inquiring into family food habits with special reference to breakfast and milk consumed. The questionnaires were used in the County and collected at a later date.

Subsequently, the subject matter from this meeting was given back to all organized groups.

In June of 1953, two leader meetings were held, one for the benefit of clubs in the Southern part of the County, the other for clubs in the Northern part of the County.

The first of these, was held in the Business and Professional Women's Clubhouse in Yuma. Participating were leaders from the North and South Gila club; the Yuma Mesa Club, the Wellton Mohawk club, the Gadsden club, the Upper Valley club, the Wednesday afternoon club. The meeting took the form of a workshop on the Role of Protein in Safe Reducing, with Mrs. Elsie Morris in charge. This featured particularly broiled foods - liver, barbequed chicken, meat patties, steak. Swiss chard, salad vegetables and beef roast were contributed by leaders. A delicious, low-calorie, high protein luncheon was served at noon to all present. The afternoon was spent in establishing correct weights for all present and in formulating teaching procedures to be used by leaders at club meetings. A similar meeting was held in the Parker area, with leaders from the Parker Woman's club and from Poston No. 1

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project C - Food Selection & Preparation (cont.)

Project Work With Adults (cont.)

and Poston No. 2 centers in attendance. In all cases, the work was well received.

Complete returns to date of these 1953 leader meetings, are as follows:

Number who have changed food habits	220
Number using dry skim milk powder	375
Number who have lost weight	90
Number who have used recommended methods for cooking meats	150

During the week of March 15, Mrs. Elsie Morris was in the County for leaders meetings on "Bread Enrichment". On March 16, a leader meeting was held in the Methodist Church dining hall at Parker. This was for the benefit of club representatives in the Northern part of the County. On March 17, a similar meeting was held at the Agent's home for the benefit of Club representatives in the Southern part of the County. Both of these meetings were enthusiastically received by the women who attended. Yeast breads prepared by the women at the meetings, were as follows: Golden Rich French Bread, Bread Sticks, Cracked Wheat Date Nut Bread, Whole Wheat Bread, Triple Rich Bread.

At both these leader meetings, there was requests for meetings on yeast rolls. Since the Specialist's schedule did not permit her returning to the County for further meetings, the Agent handled the requests by demonstrations before individual clubs in the Southern part of the County. For the Northern part of the County, she held a leader meeting as follows: because of summer heat, the meeting was held September 24, the Agent travelling to Parker the evening previous, to be ready for the meeting at ten in the morning. The Agent, early that morning, made up a formula of roll dough and the meeting began by making this into caramel pecan rolls for the noon lunch. Following this, the leaders worked in groups of three making a dough formula. While this was raising, Mrs. Mae Baldrige, gave a review of the leader meeting on "Enriched Bread" last March. Mrs. Baldrige included a report of the use to which this meeting had been put. Following the lunch period, the homemakers

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project C - Food Selection & Preparation (cont.)

Project Work With Adults (cont.)

made their roll formulas into various shaped rolls (mimeograph sheets supplied directions). All the rolls were baked at the meeting and all were delicious. The meeting ended with all leaders anxious to carry on both for making rolls at home and for showing their respective club group. Throughout the meeting, an understanding of the function of all ingredients, both for good nutrition and for successful preparation, was stressed. A gluten ball was prepared, exhibited and baked.

Results of the entire program on bread enrichment in Yuma County during 1954, is tabulated as follows:

Homemakers buying enriched flour and bread stuffs	650
Homemakers baking bread	185
Homemakers baking rolls	412
Homemakers using dry skim milk to enrich homemade bread & rolls	327
Homemakers storing homemade bread & rolls in freezer storage	194
Homemakers using wheat germ	214

Request Work With Adults

As in previous years, the Agent had a good many requests for recipes for holiday foods. Because of annual report work, it was not possible to have Christmas Suggestion leaflets mimeographed as in previous years. Also, there was time, but for one work meeting for adults on Christmas foods. This one was held for the Gadsden Homemakers on December 2nd. Following the custom of several years, our hostess was Mrs. Henry Frauenfelder. The meeting began at ten in the morning and the day was spent making Christmas sweets in the morning and sewing in the afternoon. A very productive as well as entertaining day was spent with good accomplishments.

Not a month has passed but the Agent has answered requests for information on one of the phases of food preservation. Of these, freezing has headed the list.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project C - Food Selection & Preparation (cont.)

Request Work With Adults (cont.)

Both this current year and last year, the Agent spent time working with Homemaker club members on adult food exhibits for the County Fair. The response in exhibits both years, was much beyond expectations and it was certainly homemaker club members who "put it over". Both years, the food exhibits have helped materially to make the fairs the big success they have been.

A number of television programs featuring Nutrition have been given during the year. Of these, the following is told: On February 10th, the Agent did a food preparation demonstration by herself, because a program originally planned with a local homemaker, failed to materialize.

Selecting locally grown foods which appear on the wheel of good eating, dates, pecans, eggs - she prepared date bars. The Agent prepared bars from start to finish and showed the finished product, suggesting that they were very good keepers and excellent for the many special occasion meals during February.

On March 18th, Mrs. Elsie Morris, State Nutritionist, cooperated with the Agent on a television program. This was during the week that Mrs. Morris was in the County for leader meetings on bread enrichment. So, the program took the form of an explanation of the enrichment program and a bread making demonstration. The Agent received many favorable comments on the program, as well as requests for recipes.

On September 9th, the Agent again gave a solo program over KIVA. She chose as her subject "Freezing Eggs" and demonstrated the preparation of egg yolk, whole eggs and egg whites for freezing. Previous to the program, she froze samples of each of the above using a plastic ice cube tray. These cubes, she exhibited toward the close of the program explaining preparation for use, etc. She also called attention to the availability of a U.S.D.A. bulletin on the subject. Again, she received many favorable comments on the program, as well as requests for the bulletin.

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project D - 4-H Foods

Project work in 4-H Foods is largely concentrated into the months September through June and is highlighted by: (1) enrollments; (2) explanation of project requirements; (3) leader assistance; (4) County demonstration contest; (5) County Fair; (6) State Roundup.

Most of this has been covered previously in this report. A few things, however, may be added: In preparation for the County 4-H demonstration contest held March 13, the Agent mailed to club leaders and members, suggested subjects and sample outlines for demonstrations. Demonstrations worked on in the various clubs included, Making Baking Powder Biscuit; Making Peanut Butter Cookies; Making Plain Muffins; Making Whole Wheat Muffins; Poaching Eggs; Making Salads; Making a Baked Custard; Foods We Should Eat Daily; Freezing Eggs; Party Donuts; Making Cream Soups; Cottage Cheese Making; Cottage Cheese Variations; Cleaning Silverware.

Six demonstrations were County winners and were given at the State Roundup. They are here listed with State results as follows:

Dairy Foods	Sr. Team Demonstration "Let's Make Cottage Cheese", Laurene Harding, Joyce Barry - Blue ribbon, Medal Sr. Individual Demonstration "Cream Soups", Helen Faulkner - Red ribbon
Food Preparation	Sr. Team Demonstration, "Cleaning Silverware", Audry Eddy, Irene Torres - White ribbon Sr. Individual Demonstration "Making Doughnuts", Becky Wynn - White ribbon
Food Preservation	Sr. Team Demonstration "The Home Freezer An Emergency Shelf", Corinne Moore, Betty Smith - Red ribbon Sr. Individual Demonstration, "Freezing Eggs", Claudia Yowell - Blue ribbon, Medal

One television program featured an explanation of the Gadsden 4-H Fair booth with it's theme of the Gadsden Purchase Centennial. One of the Gadsden 4-H girls, Rita Baxter, gave an excellent demonstration showing how she made whole wheat muffins in preparation for the Fair.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing

Since the beginning of Home Demonstration work in Yuma County, more than three decades ago, clothing has been it's strongest program. It is no wonder that there are now a nucleus of women who have learned many Home Economics Clothing techniques. These women are scattered throughout the County in all communities and act either formally or informally as adult and 4-H Leaders. Because of the added demands made upon the Agent's time by an expanding program, the Agent has, whenever possible, for the past several years, left formal instructions to these leaders. This has meant that there have been fewer adult demonstrations in clothing work given by the Agent than in previous years. The work on tailoring presented by the State Clothing Specialist during 1949, has greatly expanded the long time program. In addition, there have for five years past, been 4-H leader meetings on Clothing techniques. For these reasons, it seems best to tell of the clothing program in it's relationship to the teachings of other years.

Sub Project A - Selection

For the past twelve years, as market conditions have changed, selection of materials has been a repeat program. In 1942, "Identification of Fibers", was presented at a Leader meeting and in turn was given to all Home Demonstration clubs.

In 1947, new materials again appeared in the stores after the war shortage. In October of that year, Miss Helen Church presented work in the County on the use and care of new materials. This included an exhibit of materials classified as cotton, rayon, nylon, combination nylon and rayon, fire resistant fabrics, materials (wool, cotton, linen) specially treated for over-coming laundering and wearing short-comings.

In February of 1948, a clothing leader meeting was held with Miss Helen Church in charge. The subject of the meeting was "Style Trends". As usual, this was an all day meeting. The morning was occupied with an illustrated discussion. The afternoon was spent with a clothes "clinic". Some of the leaders brought dresses which they wanted to remodel. They modeled the garments and there was a round-table discussion of what could be done to modernize them.

In October of 1948, Miss Church was again in the County for a Homemaker Council meeting. She brought along an exhibit

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project A - Selection (cont.)

of children's clothing bearing tags giving the gaulmer measurements made according to government specifications.

In 1949, the Tailoring School conducted by Miss Church, included work on selection of materials.

In January of 1952, a kit on the new materials prepared by Miss Helen Church was sent to the Agent and was used by the Agent at all her meetings, both 4-H and adult. On three occasions, it was loaned to leaders for use at meetings, which the Agent did not attend.

On November 13, 1952, Leaders from seven communities, met in the Business and Professional Women's Clubhouse for an all day meeting on Wardrobe Planning. In preparation for the meeting, the Agent mailed forms prepared by Miss Church on which leaders were to itemize clothing on hand. These they brought to the meeting and were used for the laboratory period in the afternoon.

Points emphasized were (1) Color - "Build your wardrobe around a color theme of one or two basic colors such as black, navy, green, brown, and gray". (2) Basic dress or suit. (3) Planning for balanced expenditures. (4) Accessories, shoes, etc. (5) Textile intelligence, buymanship, care, use.

A very carefully worked out kit for wardrobe planning was left by Miss Church in the County for follow up meetings.

During 1953, the subject matter from this leader meeting was given back to organized groups.

On March 10 of 1953, Miss Helen Church was in charge of a leader meeting on "New Fabrics". The meeting began with the showing of two movies, one on the actual factory procedure for making a man-made fiber, the other on care and ironing of acetate garments. The afternoon was spent in a discussion of the subject supplemented with well planned illustrative materials. Miss Church left two kits in the County for use at follow up meetings.

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project A - Selection (cont.)

During this current year, there has been opportunity for but one visit to Yuma County of Miss Church, in the interest of the adult clothing subject matter program. Since her subject was "Altering Ready to Wear", it belongs partly under the heading "selection" and partly under "construction". It is briefly as follows: Monday, October 4, the Agent and Specialist journeyed to Parker and from there, went to Poston Camp #2 on Tuesday morning for an all day leader meeting in the Home Economics Laboratory of the Agricultural Extension headquarters.

Leaders, by request, brought ready-to-wear garments, which did not fit correctly and Miss Church used them as demonstration material. Before the meeting closed, the subject of altering was very thoroughly covered. Women have since reported that garments altered as directed, are proving highly satisfactory. On Wednesday, October 6, a similar meeting to the above, was held at the Agent's home for leaders in the Southern part of the County. This proved to be a meeting with good participation on the part of the women and one enthusiastically received.

A total of twelve communities were reached by these two leader meetings, as follows: Gadsden, Somerton, Crane, Yuma Valley, Yuma Mesa, Yuma, Mohawk Valley, Wellton, North Gila, South Gila, Parker, Poston. The Agent has been present and helped with follow up meetings in four communities. It is too soon to compile complete returns, since to date not all follow up meetings have been completed. Partial returns are:

Homemakers influenced for better buymanship of "Ready to Wear"	215
Homemakers making alterations of "Ready to Wear"	75

A State Extension Sewing Machine workshop, was held in Tucson the week of May 10, with Miss Helen Church, Clothing Specialist in charge. The Yuma County Agent attended. Standard machines of various makes, both shuttle and round bobbin, were supplied for each Agent and were systematically cleaned

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project A - Selection (cont.)

and adjusted. Each Agent was supplied with a poster outline of procedure to use for meetings in the County. Among the bulletin material was, "Buying Your Home Sewing Machine", U.S.D.A. Home and Garden Bulletin 38. The Agent has found good demand for this bulletin since returning from the workshop. She publicized the bulletin in her weekly column and has distributed fifty-two copies on request.

Follow-up Sewing Machine workshops in the County are still largely pending. Reasons are that the heat of summer set in before plans could materialize and this fall, the Agent's program has been very full. Workshops however, are planned for early in the new year. There were two exceptions, as follows: on June 11, a workshop was held in the North Gila Valley, for the benefit of homemakers living in both the North and South Gila. Twelve homemakers reported with their sewing machines and a successful day was spent in thoroughly cleaning and adjusting the machines; on August 17, a similar workshop was held at Wellton. Here, the Agent worked with the program chairman of the Homemaker club, who secured the list of homemakers interested. Fourteen homemakers brought machines and a successful day's work followed.

Garment construction techniques have always been popular with Home Demonstration club members in Yuma County. During 1947, the chief achievement in this field was adoption of short cuts in sewing from a leader meeting conducted by Miss Church. She wrote a bulletin for this meeting entitled "Save Time by Short Cuts". The short cuts taught, have proven very popular all years since, to the present and have been used not only with adult groups, but with 4-H clubs as well.

The wrist pin cushion is much in use, partly because it is one of the first year 4-H clothing requirements, but also because of the above short cut meeting. The jiffy method of putting in zippers, is being used in every community.

In April, 1948, Miss Helen Church initiated a program with Home Demonstration clubs on "Use of Sewing Machine Attachments". Subsequently, the Agent conducted similar meetings

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project B - Construction

with all Home Demonstration clubs. It has been estimated that more than two hundred homemakers have extended their use of sewing machine attachments, because of these meetings.

During 1948 and 1949, repeat demonstrations were given all communities by leaders. The Agent has had many opportunities to use the information with individuals and groups in all subsequent years.

In 1949, a Tailoring School was held. It's teachings have since largely dominated the clothing program. For this reason, it seems well to describe it again in some detail.

As already told, the foundation for the school was laid with a leader meeting on selection in February, 1949. In July, the Home Demonstration Agent sent a letter to club representatives enclosing an enrollment card. As a result, there were forty enrollments expressing fairly evenly distributed preferences for coats and suits.

During October, two all day meetings were held on suit making and two on coat making. After material and patterns had been selected, shoulder pads were made. Next, muslin garments were cut from the patterns selected. These were then very carefully fitted to the owners. Grain lines were very carefully watched. If the materials were not marked "sanforized", it was shrunk by class members at home following directions by Miss Church. Pattern alterations were made from the muslin after fitting. The following bulletins were used as source material. At the first meeting, each class member made up a kit of these bulletins together with mimeograph sheets on "Stay Lines" compiled by Miss Church.

U.S.D.A. Farmer's Bulletin #1894 "Coat Making at Home"
U.S.D.A. Farmer's Bulletin #1964 "Fitting Dresses"
U.S.D.A. Farmer's Bulletin #1968 "Pattern Alteration"
U.S.D.A. Misc. Pub. #591 "How to Tailor a Woman's Suit"

Because of the tailoring school, thirty-six leaders, adults, and 4-H'ers have reached a higher level of accomplishment

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project B - Construction (cont.)

than ever before.

They have proven very helpful in building correct clothing procedures in their communities and will continue to do so for years to come. The Agent considers it a job extremely well done.

In May and June of 1950, there were leader meetings on pattern alterations. A total of 199 members altered patterns at meetings. For the follow up meetings, a kit was left in the County by Miss Church and was used by all groups.

During 1951, pattern alteration work was carried on by leaders. In January of 1951, Mrs. Mary Robertson, Acting State Clothing Specialist, was in Yuma County for a series of three leader meetings. Two of these were for 4-H leaders. The third was a meeting for Home Demonstration club leaders. The subject was, "New Techniques in Sewing" featuring placket finishes, cordings, collar and pocket finishes, belts, etc.

During February and March of 1952, Better Dressmaking Schools were held with Miss Helen Church in charge. Both 4-H leaders and adult club leaders signed up. At the first meeting, Miss Church showed slides illustrating style trends and steps to follow in beginning a better dress. Then followed a demonstration on measurements and on pattern alteration. Women worked in groups of two, taking their measurements and recording them. Miss Church passed out directions for home work to be done before the meeting early in March.

In March, forty-six women finished dresses as a result of the schools and there was much enthusiasm over the success of the finished products. The dresses were outstanding in design, workmanship and becomingness. Fitting problems had been expertly handled.

Results from these Better Dressmaking Schools, were compiled and included in the Agent's 1952 Annual Report.

In October of 1953, Miss Church again came to the County for Clothing Construction work. This time, two leader meet-

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project B - Construction (cont.)

were planned, one for the Northern part of the County and one for the Southern part.

The leader meeting on "Dresses That Will Work For You" was held at the Parker Indian Agency. In addition to representatives from four organizations in Parker and Poston, a group of women from Quartzsite, Salome and Wenden were in attendance.

The morning was spent in a discussion of the important points to consider in selecting and making house dresses. Miss Church brought along dresses which she had made from the patterns designed by Oregon farm women. These were modeled by members of the class and formed a nucleus for a very fine discussion. In the afternoon the women worked in groups of two, taking measurements for pattern size which was followed by a demonstration on pattern alteration by Miss Church.

On Tuesday, October 20, a similar meeting to the above was held for leaders in the Southern part of the County. The meeting was held at the B. & P. W. Clubhouse in Yuma and was attended by eighteen leaders. Both these meetings were enthusiastically received. The meetings were reported back to the clubs at their next meetings. However, actual work meetings were postponed until 1954, because of a very full program. The dresses were included in the premium list for the 1954 County Fair as a means of maintaining interest in the project.

In January of this current year, the Clothing interest of all adult clubs, centered around the making of "Dresses That Work For You". The Agent took the kit with her to all meetings, which she attended and answered questions. In this connection, there were inquiries on tailoring techniques and the Agent offered bulletins on bound button holes and on stay stitching at all meetings.

During January, February and March, "Dresses That Work For You", were being made in numbers in all communities. There was one draw back. The dresses were so popular, that homemakers wore them, rather than saving them to enter in the

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project B - Construction (cont.)

County Fair in April. The Agent saw very pretty ones being worn wherever she went.

Two Homemaker clubs had workshops for making the dresses. Sewing machines and tables were brought from member's homes. The women divided into groups of two, taking each others measurements, making pattern alterations when needed and actually cutting and sewing on "Dresses That Work For You".

As nearly as the Agent can find out, there were two hundred and seventy-five dresses made in the County and they are still being made.

Mention should be made of two subsequent showings of the "Dresses That Work For You". One, was a television program over KIVA on January 20th, with the Agent and the Specialist acting jointly as mistress of ceremonies. The different styles were modelled by Mrs. Lillie McCain Smith of the Upper Valley, Mrs. Harry Ellis of the Yuma Mesa, Mrs. Lorraine Ramsey of the North Gila Valley, in addition to the Specialist and the Agent.

At the Ninth Country Life Conference of Arizona Women, June 14 through 17 on the University Campus, Yuma County's delegation used the dresses that work for you successfully to report on County activities.

Another television program in the County, done jointly by Miss Church and the Agent, should be reported. It took place the evening of October 7th, the subject "Altering Ready To Wear". Credit goes to Miss Church for setting up the program and it was very well received.

For the past several years, because of a crowded program, the Agent has found it necessary to curtail clothing meetings in preparation for Christmas and to rely largely upon leaders to take charge. She has, however, supplied such illustrative material as patterns for stuffed toys, apron patterns, stencil patterns. This current year, however, she did find time to meet with two groups who requested work meetings on Christmas gift making.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project ^C ~~B~~ - ^{Economics} Construction (cont.)

This current year saw a revival of interest in mending. For the Wellton Homemaker club, the Agent gave the lesson using as background material: ABC's of Mending, Farmer's Bulletin #1925, Mending Made Easier, Lorene Dryden, Extension Circular #119. The women were much interested in the tailor's patch for work clothes. Both of these were demonstrated by the Agent and tried by the women.

The North & South Gila and the Gadsden Clubs, had similar meetings, except that some of the homemakers who had been using the mending methods from demonstrations given in years past, acted as demonstrators.

The Gadsden Purchase Centennial Celebration, dated for October 29 and 30 of this current year, brought requests from Homemaker club members for help with costuming. The Agent secured the authentic pattern for sunbonnets from the Chamber of Commerce, made up a sample and exhibited it at the North and South Gila and the Gadsden Homemaker club meetings. Both clubs voted to have a special work meeting making bonnets. The North and South Gila group met September 28, when more than two dozen sunbonnets were successfully completed. A follow up meeting was held and the Gila group turned it into a fund making project for new drapes for their clubhouse. The Gadsden group, however, made sunbonnets only for themselves and members of their families. There was reports of other clubs meeting with members of the two clubs, as leaders for the purpose of making sunbonnets.

While there has been no time for formal meetings with adult clubs in clothing economics during the current year, previous years work has had it's influence. For several years, clothing economics was carried under the caption "Care of Clothing Series". The first of the series was "Identification of Fibres", the second was "Laundering Techniques", the third was "Dry Cleaning".

Later the series branched out into clothing storage. The phase chosen was storage of shoes and sewing equipment and included a work meeting for making, among other things,

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project C - Clothing Economics (cont.)

portable sewing cabinets. These cabinets have proven very popular. The first year, they were made in all Home Demonstration clubs. Since then, there have been numerous reports of sewing cabinets having been made.

Sub Project D - 4-H Clothing

4-H clothing work has centered around preparation for special events during the current year such as: the County Demonstration Contest, the County Fair, the State 4-H Roundup, the State Make It With Wool Contest, Organization of Clubs for the 1955-56 club year.

On January 19th, a meeting was held with Miss Church for the benefit of the advanced 4-H clothing club girls. Many of the girls brought the projects upon which they were working and Miss Church advised with them, while the other girls looked on. Four short reels were shown on sewing techniques and selection.

On January 21st, a 4-H leader meeting was held with Miss Church in charge. Twelve clothing leaders attended and a very profitable day was spent working on sewing techniques featuring mostly work for advanced girls.

Early in January, the County Fair Premium list came from the printers and the Agent spent time urging 4-H'ers to step up work on their projects, so that they would be ready for the Fair. A letter was sent to each mother, urging close cooperation with leaders in developing the program.

At the County Demonstration Contest, on March 13th, Junior demonstrations were given on equipping a sewing box and on marking a dart. Senior demonstrations were given on putting in a sleeve, styles for every figure, removing common stains and putting in a zipper.

Demonstrations at the Roundup and results were as follows:

- Sr. Clothing Team - "Putting in a zipper", Maridean and Karen West, blue ribbons and medals
- Sr. Clothing Individual - "Styles for Every Figure", Marilyn Carlisle, blue ribbon and medal

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project D - 4-H Clothing (cont.)

Jr. Clothing Individual - "Marking Darts", Elva Warner,
red ribbon

Because our County Dress Revue at Fair time is held at night, we have difficulty in getting pictures of the 4-H girls involved. This year, because of an unusually busy season, we were unable to get the girls together until May 20th. Then we were only partially successful. However, we had a partial turn out and colored movies included first year girls with aprons and pot holders, second year girls in skirts and blouses as well as third and advanced girls. Approximately sixty girls reported. These were reproduced on colored slides and so cannot be shown here.

In the Dress Revue at the Roundup, our contestants and awards were as follows:

Maybelle Mason, Gadsden	Party Dress	Blue
Charlotte Salyer, Somerton	Tailored Outfit	Blue
Norma Baldridge, Parker	Best Dress Outfit	Blue
Margaret Faulkner, Yuma Mesa	School Dress	White
Susan Rohrbough, Wellton	Active Sports	White

Two television programs using 4-H clothing girls, were given this current year. On May 20th, the Agent used twelve advanced 4-H club girls for a "Calendar of Fashion". Mrs. Harry Ellis, a former 4-H leader acted as narrator. Blue ribbon outfits appropriate for the month in question, were shown as follows: January, Laurene Harding, Tailored Suit; February, Joyce Barry, Tailored Dress; March, Betty Smith, Cotton Best Dress; April, Corinne Moore, Sports Outfit with corduroy peddle pushers; May, Marilyn Carlisle, Cotton sports Outfit with mandarin trousers; June, Rosalie Robles, evening dress (brides month); July, Maybelle Mason, all over embroidery best dress; August, Judy Hightower, sun back shorts and skirt outfit; September, Joan Koogler, school jacket and skirt outfit; October, Mary Ellen Bobersky, Redingote and dress outfit; November, Charlotte Salyer, Tailored outfit; December, Robin White, Tailored outfit. The girls made a fine showing on television and the program brought a lot of favorable comment.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project D - 4-H Clothing (cont.)

Following the State Make It With Wool contest at the State Fair, the Agent was in charge of a television program over KIVA, showing the 4-H girls in their outfits. Eight of the ten girls were able to come and a very fine showing was made.

From August until the first of November, a part of each month has been spent by the Agent supervising the 4-H Make It With Wool work. The week of October 4th, Miss Church was in the County and conferred with the girls on techniques, choice of accessories, etc.

XV Home Management

Sub Project A - Selection

Since a Home Management Specialist was added to the Staff seven years ago in the person of Miss Grace Ryan, the Agent has observed a real advance in Home Management and Home Furnishing work in the County.

In 1947, a meeting on "Kitchen Storage" was held with nine communities represented by their leaders.

The Specialist brought with her excellent illustrative material and the morning was spent in discussing things that can be done to improve kitchen storage following the theme of making the kitchen work for the homemaker, rather than the homemaker working for the kitchen.

Miss Ryan, left her illustrative materials for use in the individual club meetings. It included suggestions for stagger and vertical sectioning of shelves and drawers to make for convenient kitchen storage, devices such as knife holders, spice shelves, arrangement of equipment to make for saving labor, etc. There was a file of picture clippings and an ample supply of reprints of the Country Gentleman, May, 1946, articles entitled "Better Kitchen Storage".

This furnished material for excellent meetings on "Kitchen Storage" in all Home Demonstration clubs.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

Sub Project A - Selection (cont.)

In 1948, the second leader meeting was held on "Kitchen Storage" with Miss Ryan in charge.

Nine communities were again represented by leaders and a busy day was spent. This time, rather than storage for small equipment, the work centered around floor plans and the arrangement of large equipment. This work was subsequently presented to all Home Demonstration clubs.

For the past five years, "Cut-Out" books have been given out by special request to rural homemakers who have been prospective builders. There have been forty-seven of these. All have reported finding the cut-outs very helpful. In the past four years, the Agent has visited homes in twelve communities, where ideas from the kitchen storage meetings have been used. These have varied from an entirely new kitchen to a rearranged cupboard or a utensil drawer. There has been much accomplished in modernizing kitchens throughout the County for which the Extension program either directly or indirectly takes credit. In all rural communities, as well as urban, there has been a big building program during the last seven years.

In 1949, Miss Ryan was again in Yuma County for our Home Demonstration Council meeting. She brought along the floor plans and miniature replica of the expanding farm house which had been prepared for the County Life Conference at the University. This Miss Ryan used for an illustrated discussion at the meeting.

Not a month passes, but that some request comes to the Agent's office, which has to do with planning a farm home and information as well as bulletins are dispatched.

During the year, 1952, two very interesting request meetings by Home Demonstration clubs were held on the subject "Planning a Farm Home". The Agent began in each case by reviewing the bulletin "An Easy Way of Planning a Farm Home". She included a review of circular 202 "Storage for Your Home". A very interesting discussion followed.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

Sub Project A - Selection (cont.)

During 1948, a leader meeting was held on the subject "Problem Windows" with Miss Ryan in charge. Since that time, the Agent has used the "Problem Windows" subject matter to help with request conferences on selection of drapes, etc. There were seventeen such requests in 1949, eighteen in 1953. This current year, the Agent has helped twenty-one homemakers with window problems.

In September of 1950, Miss Ryan was in the County and an introductory meeting on the subject "Importance of correct Lighting in the Home", was held for County Leaders. Twenty-one leaders attended representing eleven communities. Miss Ryan opened up a new field in lighting and it's importance for all those who attended the meeting. Her approach was to show the importance of correct light to the maintenance of eye sight. Her illustrative material was practical, readily interpretable by the leaders and very much to the point. The kit was left in the County for the leaders at club meetings.

During 1951, meetings on correct lighting in the home were held for two rural groups which were not present in the original groups.

Results of the above meetings are more readily measured in terms of better understanding of the importance of good lighting. It, however, was established that approximately 200 homes made changes. During the last three years, including the present year, good lighting has come to be a common topic of conversation at all club meetings. In 1952, two kits, one on linoleums and one on cleaning rugs and upholstery, were in use in the County through the courtesy of Miss Ryan. These kits furnishing interesting background for meetings in all Home Demonstration clubs. In the case of the linoleum kit, two clubs requested a second meeting and leaders borrowed the kit for a more thorough study. This proved, however, to stimulate interest in the subject of floor coverings, rather than to make the homemakers feel they knew it all. As a result, it was voted at the 1953 County Council meeting, to request a 1954 leader meeting on floor coverings with particular emphasis on selection and

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

Sub Project A - Selection (cont.)

care of carpets. This meeting was held in Yuma in November of this current year. Ten communities were represented and the meeting was enthusiastically received. Two pamphlets were prepared by Miss Ryan for the meeting and subsequent use in the County, entitled "The Rug and Carpet Picture" and "Cleaning Carpets". There is also a well worked out kit on the subject left by Miss Ryan for use at follow up meetings. While there has not been sufficient time for compiling results, to date four regularly organized groups have had follow up meetings and the Agent has responded to a request for a meeting on the subject from an outside group.

In November of 1953, a Home Furnishing Leader meeting was arranged for Miss Ryan to service clubs of the Parker area. Because the greater part of these women are Indians, it was decided to make the meeting center around the care of floor coverings. The women were divided into three groups and two groups were supplied with grades of linoleum, asphalt and rubber tile. The third group was given a piece of carpeting. They were assigned tasks of testing the materials with different types of stains, etc. and in the case of the carpeting, they learned how to shampoo it. There was good interest in the project on the part of the women.

In November of 1952, an all day leader meeting was held covering two subjects as follows: success hints for use of electricity, care of equipment. Fourteen leaders were present representing ten communities. The former included a discussion of good buying guide posts and a demonstration of what it means to use electricity intelligently. Guide posts for buying electrical equipment were (1) discussions based on family agreements (2) shop the fields (3) balance money, time energy expenditures against needs and wants (4) will present wiring system carry equipment safely and satisfactorily (5) availability of repair service (6) dependability of manufacturer (7) safety, etc.

In care of equipment, pots and pans were studied for materials used, for efficiency of parts such as: handles, side handles, bail handles, covers, general good features.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

Sub Project A - Selection (cont.)

In February of 1953, Miss Grace Ryan was in charge of a leader meeting bearing the title "Short Cuts in Home Management". Ten communities were represented. The subject included a discussion of tools that tire you. Physiologic and psychic as well as the many practical advantages of short cuts were developed. The Agent afterwards sat in on some meetings when this subject matter was given back at club meetings. She felt that the leaders did an unusually good job. Particularly did they stress the physical effects of poor management. The high incidence of heart failure seemed to strike home. They stressed avoiding tools that tire you, facts about posture and good work heights. This was not a meeting when numerical results could be obtained. However, the Agent knows that it was discussed in all groups and that it was a very important subject.

In November of 1953, Miss Grace Ryan came to the County for leader meetings on "Wall Accessories". One of these, as usual, was for clubs in the Southern part of the County. The other meeting combined the subject matter of "Wall Accessories" with work on floor coverings already told. The four reproductions of famous paintings supplied by the Farm Journal, were used as a basis for teaching selection of color, etc. Miss Ryan had prepared mimeographed leaflets which served as good discussion material. A kit furnished material for showing correct grouping of pictures, etc. The meeting was intensely interesting and the leaders present, took an active interest in it.

During the first three months of this current year, the kit made on Wall Accessories, made the complete round of clubs for follow up meetings. Two clubs had work meetings when they framed their favorite prints. Two clubs made their meetings, luncheons with invited guests. At these, in addition to the regular subject matter material, the four reproductions of famous paintings from the Farm Journal were enjoyed. From figures obtained, as nearly as can be estimated, two hundred homemakers and other individuals, were assisted in furniture arrangement and use of accessories this current year.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

Sub Project B - Construction

During 1950, Miss Ryan, Home Management Specialist, was in charge of a leader meeting on the subject "Special Wood Finishes". This was the second in a series of two meetings, the first having been held in 1949. During 1950, subject matter from both leader meetings was given back to all organized clubs. Follow up of these meetings has continued. Bulletins written by Miss Ryan, entitled "Furniture Repair" and "The Finish Counts", continue to be given out on request.

Following the initial leader meeting on Importance of Correct Lighting in the Home, two schools of two days duration each, were held in 1951, for the purpose of showing the mechanics of lamp shade construction. Miss Ryan was again in charge and leaders worked up some very fine examples of modern lamp shades.

All steps had been thoroughly explained by Miss Ryan in two mimeographed bulletins entitled "Making Lamp Shade Patterns" and "Making Simple Lamp Shades". These were used by the Agent and leaders in work meetings in the various communities. Correct lighting and lamp shade schools, were conducted with all organized groups.

Home Demonstration clubs have been working with upholstery and slip covers for many years, so there is a good amount of experienced information on the subject in all communities. Because of a full program, the Agent now personally supervises work meetings only when it is to maintain standards.

For the past three years, homemakers have been increasingly interested in the making of draperies. This has doubtless come about through the distribution of the bulletin "Tailor Your Draperies", by Miss Grace Ryan.

Sub Project C - Economics

The Economic phase of the Home Management program has been a part of all project work in the County. During 1949, it was separated for special consideration when Miss Ryan, Home Management Specialist was in charge of a leader meeting on buying techniques, the subject of which was "Outwitting the Dollar". Miss Ryan left a kit for the use of leaders in

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

Sub Project C - Economics (cont.)

presenting the program and the meeting was subsequently given back to all organized groups. While results have been intangible and no attempt has been made to reduce them to mathematical proportions, there has undoubtedly been much spread of influence and still continues to be.

In 1951, a very important Home Management project was initiated by Miss Ryan. It was work in "Laundry Methods" and began with leader meetings in February.

By special request one of these meetings was held in the Roll Wellton area and the other was held in the vicinity of Yuma in the South Gila Valley.

In both cases, the meeting began with a wool blanket washing demonstration, using the latest method developed for proper care of blankets. It was really a report by Miss Ryan on the research on washing woollens which has brought practical procedure changes. This proved of great interest to all the leaders present. It is interesting to note that the particular brand of water softener used in the demonstration was not to be found on our local markets. However, because of urgent requests, it was stocked in one of our leading groceries and has had a large sale ever since. It is now on the shelves of all the large grocery stores in town.

In the afternoon, the functions of water softeners and detergents were further developed. The leaders tested for hardness samples of water which they had brought. There was an explanation of built and unbuilt soaps and synthetics with a classified list of different brands. The blanket washed in the morning, was combed after drying with the results that the blankets looked like brand new ones.

This work on Laundry Methods has been particularly helpful for Yuma County, where hard water is a big problem. The Agent and leaders have presented the work to all organized groups. Everyone has been enthusiastic about the value of the subject matter presented. To the Agent's knowledge, more than forty blankets were washed following the demonstration procedure in 1951.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

Sub Project C - Economics (cont.)

As a result of these meetings, home demonstration club members are conditioning their wash water more intelligently. This current year, the printed bulletin "Wash Your Blankets", University of Arizona Circular #215 written by Grace Ryan, has served as review of the subject in all communities. The Agent has found that homemakers have adopted the practices to the place that it's now an old story to them.

A special leader meeting for clubs in the Northern part of the County, was held November 4th of this current year. Miss Ryan was in charge and the subject was "Short Cuts in Ironing". While the work centered around the ironing of men's shirts, the method being used by the women in contrast to the method worked out at Ohio State University, many labor saving techniques were demonstrated. Copies of Circular #206, University of Arizona "A Easy Way to Iron a Shirt", were left for follow up meetings. Results of these meetings will be included in next year's annual report.

January 29 and 30 of 1953, was spent by the Agent in company with Jo Perrill, Woman Editor of the Arizona Farmer. They toured Yuma Valley from the Crane area to and including Gadsden and some of the Yuma-Mesa in the interest of the use homemakers were making of their home freezers.

Later in the year, articles appeared in the Arizona Farmer, written by Jo Perrill and featuring this survey.

On February 24th, 25th and 26th of this current year, Joe Perrill again visited in Yuma County, this time in the interest of the Home Demonstration club program. In company with the Agent, home visits were made in the North Gila, South Gila, Somerton, Gadsden, Yuma-Mesa, Mohawk Valley, Wellton, Snyder Ranch. A number of feature articles in the Arizona Farmer resulted.

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Picture by Jo Perrill of Mohawk Valley homemakers assisting with a large acreage potato planting project.



Picture by Jo Perrill of a Gadsden homemaker and her remodelled kitchen.

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Picture by Jo Perrill of
a North Gila homemaker
frosting a cake.



Picture by Joe Perrill
of a Yuma Mesa homemaker
and daughter in dress made
from flour sacks.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

4-H Club Work

When Miss Grace Ryan was in the County in 1951, she spent one day in consultation with all 4-H leaders who were leading in Home Management and Home Furnishings projects. The meeting took the form of a luncheon at the home of the Agent. Ten leaders were present. Miss Ryan had prepared some very good illustrative material and there was a very careful discussion of procedures for carrying on projects. The leaders took part freely and expressed themselves as having a much better understanding of what to do.

In November of 1953, during Miss Ryan's visit to Yuma County, advanced girls carrying Home Furnishings projects and their leaders were invited to the Agent's home for a meeting on project material. Miss Ryan brought with her a kit of illustrative material, which was supplemented with a kit on second year projects loaned to the Agent by Laurayne Kennedy, Assistant Agent in Maricopa County. All present received much benefit from this meeting. Another meeting with the Agent, was scheduled for the latter part of December. At the meeting, were ten 4-H Home Furnishing girls and three leaders. These meetings were helpful, both for 1954 completions and for exhibits at our 1954 County Fair.

Heading the list of accomplishments for 1951, is that of Sandra Gaines. She did a very successful job of re-decorating her own room including walls, floor and furnishings. Her color scheme was unusually good and she worked with a small expenditure of money. She won the right to represent the County in the Home Improvement Contest. Her record was sent into the State Office, where she won the State Contest. She was a 1951 delegate to the 4-H Club Congress in Chicago.

Heading the list of accomplishments for 1952 and 1953, was that of Joan Koogler. In 1952, she chose as her special work, converting a porch into a combination bedroom and study for herself. As time for the Junior Agricultural Fair approached, she worked out a demonstration to tell what she had done and some of the things she had learned. The title of the demonstration is "Using Color in the Home". Her illustrative material was unusually well selected and her presentation was outstanding. After the Junior Agricultural

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

4-H Club Work (cont.)

Fair, the Agent sought out a number of places for Joan to give the demonstration, including the Zonta Club of Yuma and three different Home Demonstration clubs. At the Round-up, Joan was given a very high score and on invitation repeated her demonstration for a meeting of all the Home Economics demonstrators.

During 1953, Joan remodeled and re-decorated the living room at her home, with excellent results. She again gave a demonstration. This time, she worked up four basic color harmonies (1) neutral (2) one color (3) complementary (4) analogous. She won the right to demonstrate at the Roundup, where she received a score of 100 by both judges. When Joan submitted her record to the State Office this fall, she won the State Home Furnishing Contest. She was a 1953 delegate to the 4-H Congress in Chicago.

This current year, Joan teamed with Rosalie Robles for a demonstration entitled "Decorating Our Room At College". The girls won on the County and State levels again, receiving a score of 100 by both judges at the Roundup. As Freshmen at the University this fall, the girls are room mates and have decorated their room following the plan of their demonstration.

It is worthy to note, that five years ago, Joan was one of a team demonstrating clothes closet arrangement at the Fair and that ever since, she has been gathering material and thinking of plans.

One of our 4-H club girls, Marilyn Carlisle, has done an outstanding job redoing her own room this current year. The room is small, but she has successfully worked it out as a multi purpose room for sleeping, dressing, study and sewing. With the assistance of her father, she has built very useful and attractive storage areas for clothes, books, sewing machine, etc. She has repainted the entire room, including the inside of cupboards, etc, using her drapery fabric as her color key of soft rose and blue. The room is very fresh and restful looking as well as being very "pretty". Marilyn was Yuma County's entry in the State Room Improvement Contest this last October.

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

Statistics

Statistically speaking, the following is the estimated number of homemakers and other individuals assisted directly or indirectly to adopt recommended practices in:

- | | |
|--|-----|
| (1) Selection, use and care of home equipment | 100 |
| (2) Repair, reconditioning and care of home
furnishings | 150 |
| (3) Furniture arrangement and use of accessories | 200 |
| (4) Color schemes and wall finishes | 75 |
| (5) Floor finishes | 150 |

XVIII Community Activities

Sub Project A - Related Agencies

The advent of the County Fair in 1953, changed somewhat the work of Home Demonstration work with related agency. It can be said that no agencies have dropped their support of activities, but that adjustments have been made to meet the needs of the time. High on the list of supporting organizations are the Yuma and Somerton Chambers of Commerce and the Yuma County Farmer.

Sub Project B - Conferences

Conferences attended without the County have been as follows:

- | | |
|---------------|---|
| Dec. 7 - 11 | Annual Extension Conference, Tucson |
| May 11 - 14 | Sewing Machine Workshop, Tucson |
| June 2 - 6 | State 4-H Roundup, Tucson |
| June 14 - 17 | Country Life Conference of Arizona Women |
| Aug. 9 - 14 | State 4-H Camp, Prescott |
| Sept. 16 - 18 | Yavapai County Fair, 4-H and Adult Foods
Judging, Prescott |

The 39th Annual Extension Conference began Tuesday, December 8th, with a general session in Junior Ballroom of the Student Union Memorial Building. We were given a very good picture of Arizona Agriculture and the challenge Extension has in this picture by Dr. Harrill, President of the University and Dr. Eckert, Dean of the College of Agriculture. There were in all five general sessions and two home demonstration agent

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XVIII Community Activities (cont.)

Sub Project B - Conferences (cont.)

sessions. One innovation this year, came from the fact that we had no out of state speaker on the general programs. Speakers were chosen from Extension personnel and from resident faculty members. In the Home Demonstration Agent sessions, two speakers were so called "outsiders". They were Fanny Gannon, Home Management Specialist, Iowa and Dorothy Morse, Nursing Service Director, Tucson Chapter, American Red Cross. The Agent felt that the Conference was informative and helpful. Over and above specific helps in the Home Demonstration field, she was glad to be brought up to date on some of Arizona's Agricultural problems.

The State 4-H Roundup and the Extension Sewing Machine workshop, have been told elsewhere in this report, so will not be repeated here.

The Agent was disappointed that the Yuma County delegation to the Ninth Country Life Conference, was very small. Publicity was given the event through all sources, that is, through radio, news stories, personal letters, personal contacts. Women were much interested, but in all cases, felt that they were needed at home. The labor situation was acute, because of the Mexican problem and this undoubtedly was the biggest single factor in keeping women at home. Only two areas were represented with delegates as follows: Mrs. Lillie McCain Smith of the Upper Valley, Mrs. Lois Land Pratt of the North Gila Valley. We traveled together via automobile leaving Yuma early Monday morning, June 14 and returning Thursday evening, June 17. The Conference was a fine experience for each of us and the work in the County has been benefited materially, even though our number was small. The panel discussion, "Be Wise When You Buy Ready-Made Dresses", was very helpful and was reported back to all groups as the Agent has met with them this summer and fall.

Conferences within the County during the current year, have been numerous in order to plan and carry through such programs as the County Fair. Illustrative of these Conferences is the following:

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XVIII Community Activities (cont.)

Sub Project B - Conferences (cont.)

On the twenty third of April, a luncheon meeting of all fair superintendents was held for the purpose of making recommendations for the 1955 Fair. These recommendations were as follows:

1. Each department continue to be sponsored by Women's club as in 1953 and 1954.
2. Monday - rest rooms and drinking water must be available.
3. Staplers - label all supplies.
4. Request that food exhibits be given the mineral exhibit space.
5. Suggestions for keeping baked goods - apples in cases, dry ice? - seek information on effect of gas.
6. Courtesy in the general office could be improved - need someone who knows local people.
7. Exhibit tent closed at 10:00 P.M.
8. Want Ski, the caretaker back next year.
9. Lighting - need more and better distribution - Baked goods not well lighted - indirect lighting - glare on front window of show cases.
10. Freezer must be hooked up Sunday night instead of Monday - freezer must be brought out Saturday.
11. Entry blanks and superintendent sheets need study and reorganization - refer Mrs. Eva Higbee.
12. Entry blanks for foods different color from clothing - not enter foods and clothing on same sheet.
13. That careful thought be given the selection of Fair secretary - it is an important position.
14. Dress standards be renovated thoroughly by a carpenter.
15. Cellophane cases abandoned and that glass cases be substituted.
16. Suggest that the 4-H insect exhibit and garden and miscellaneous be given a booth in the exhibit tent.
17. Since Danish system of judging, lots in baked goods can be combined (not frosted or unfrosted). One lot should be decorated cake. Fruit cakes should be cooked and uncooked.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XVIII Community Activities (cont.)

Sub Project B - Conferences (cont.)

18. New lots - unfilled cream puffs - cheese cake - enchiladas, not three but plate of - tamales, not three but plate of - tortillas and tacos, keep three as previous.
19. Add woman's suit tailored - add woman's coat tailored - add applique to squaw dresses.

Other than the above, conferences within the County can be divided into; (1) Planning meetings within adult and 4-H work organizations. (2) Cooperative meetings with outside organizations.

In the former should be mentioned committee meetings for planning year books as well as individual meetings of Home Demonstration clubs. These have taken place from time to time during the year as the need has arisen. Each month has seen from one to four such meetings. In 4-H club work, there have been meetings of the County Council and County Leaders Conference in preparation for County events.

Among cooperative meetings with outside organizations may be mentioned. The Agent has been active in the Business and Professional Women's Club, Zonta Club and Delta Kappa Gamma society. She was the 1953-54 President of the Yuma Branch of the American Association of University Women. These have all furnished opportunity to work with women who help actively with the Home Demonstration program.

She is also constantly using such organizations as a means of spread of influence of Extension teachings.

Sub Project C - Publicity

Publicity may be classified under three headings as follows: newspaper, radio and television, circular and mimeographed letters.

1952, saw a change in newspaper publicity. Until January of 1952, the Yuma Daily Sun, which is the local paper, gave regular publicity to 4-H club work as well as to other activities of the Extension program. The Home Demonstration Agent shared with other staff members of the County Agricultural Agent's Office, a farm page appearing each week in the

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XVIII Community Activities (cont.)

Sub Project C - Publicity (cont.)

paper. The Agent also contributed to a weekly column, which was sent by the County Agent's Office to the Somerton Star, a paper published each Wednesday and with wide circulation in Somerton, Gadsden and surrounding valleys.

In January of 1952, the Yuma County Farmer came into being. Since then, the Agent has contributed a weekly column in the Farmer, which is used to dispense subject matter as well as news items.

The new thing in publicity, as referred to before in this report, is the Extension television program over KIVA. The station opened the latter part of October 1953 and represents Yuma County's only outlet for television programs. During the current year, the Agent has been in charge of eleven programs.

There have been mimeographed newsletters sent to all the mailing list. In addition, there has been a 4-H newsletter published cooperatively by the Assistant County Agent and the Home Demonstration Agent.

Sub Project D - Achievement Days

During March, three 4-H Pre-Fairs served as community achievement days. They were as follows:

March 13	Somerton and vicinity
March 19	Gadsden and vicinity
March 20	Parker an vicinity

At these 4-H Pre-Fairs all entries are carefully judged which means that 4-H'ers have the opportunity to make needed corrections before the "Big Fair", as it has come to be called. These Pre-Fairs are a very good means of developing community spirit. They have also helped to relieve the last minute rush for completion of projects for the Fair.

Other Achievement Days include the County 4-H Recognition Event held at Crane School in the Yuma Valley and the Recognition Event held at Poston Agricultural Center, for the 4-H'ers of the Parker and Poston area. These events have been discussed earlier in this report.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XVIII Community Activities (cont.)

Sub Project D - Achievement Days (cont.)

Illustrative of community achievements held following the County Achievement Event for the purpose of giving out pins and certificates, was the one held at Somerton the evening of November 8. The 4-H Junior Farmer and Homemaker Club sponsored a fried chicken dinner to which club members, leaders, parents and friends were invited. One hundred and fifty people were in attendance. The Home Demonstration Agent was speaker of the evening and she concluded her talk with a dress revue, showing the 4-H girls who had been in the Make It With Wool Contest the Saturday before in Phoenix. Pins and certificates were awarded as well as several special awards. It was a gala occasion.



RECOGNITION AWARDS—Miss Charlotte Salyer, left, and Miss Marilyn Carlisle hold luggage that was presented to them by the Somerton 4-H Club in recognition of their outstanding ability this year. The presentation was made Monday night at the Somerton Recognition Banquet by Mrs. Nora Wynn. (Farmer Photo)

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XVIII Community Activities (cont.)

Sub Project K - Recreation

During the past several years, 4-H club work has received impetus over previous years. Particularly is this true for the older youth groups. Meetings have included a period for singing and for folk dancing. Events leading up to this, are briefly as follows:

For the first time in Yuma County, a 4-H Recreation School was held for the purpose of training leaders in recreation leadership. Dates for the school were December 12-14, 1949.

Miss Jane Farwell, nationally known recreation School Specialist from Wisconsin, directed the school. While only sixteen leaders were actually enrolled there were a total of thirty-eight leaders and Junior leaders who benefited from one or more meetings. They represented a total of six communities. Miss Farwell made the work fit the requested needs of the leaders with the result that more than sixty games from mixers, contest and team games, small group games, school room games to various musical games were taught.

Since the Recreation School, there has been marked improvement in Recreation Leadership in all communities.

In 1951, 1952 and 1953 recreation was stressed
~~I was~~ at the 4-H Leader conference in Flagstaff. In 1951, Mrs. Mary Joslin was Recreation Leader and she did an excellent as well as thorough job in teaching recreation leadership. In 1952, Mrs. Izola Parker, did a similar thing.

In 1953, Israel C. Heaton, Recreation Specialist from Utah State Agricultural College, was in charge. Yuma County leaders have greatly benefited from these three years of training.

One cannot be a Home Demonstration Agent in one County for nineteen years, without making many contacts that serve to stimulate community life, recreational and otherwise. Hence many services have been rendered which, in themselves, may not warrant mention, but which have together been a real positive factor.

E. OUTLOOK AND RECOMMENDATIONS

As in previous years, the outlook for Home Demonstration Work

ANNUAL REPORT
of
RACHEL REITZEL
Assistant Home Demonstration Agent
June 1 to August 25
1954

Agricultural Extension Service
University of Arizona
Tucson

SUMMARY OF EXTENSION ACTIVITIES
June, July, August, 1954
Rachel Reitzel
Assistant Home Demonstration Agent

Place	Project	ADULT WORK				4-H WORK			
		No. Communities participating	Days State Staff helped	Days Agt. devoted to projects	Discussion & Method Demon. m't'g by Agt.		Project	No. Communities participating	Days Agt. devoted to projects
					No.	Att.			
State Office	Ext. Organization & Planning			10			Ext. Org. & Planning		8
	Food Preservation and Storage		2	6½		1			
	Recreation and Community Life			4		1	Recreation: Leathercraft		1½
Pima County	Ext. Organization & Planning	39		1½			Ext. Org. & Planning	3	1½
	Food Preservation and Storage	1		3	1	8			
	Clothing and Textiles	9	1	5	3	27	Clothing & Textiles		5
Navajo & Apache	Food Preservation and Storage	4	2	5	2	33			
							Ext. Org. & Planning		1
							Recreation: Basket Weaving		1
Cochise County									
4-H Camps									
4-H Round-up									
TOTALS		53	5	38	6	68	TOTALS	3	35
								11	890
								1	10

Signed Rachel Reitzel
Assistant Home Demonstration Agent

Date Aug 25, 1954

ANNUAL NARRATIVE REPORT

Agricultural Extension Service

Rachel Reitzel
Assistant Home Demonstration
Agent
June, July, August, 1954

ORGANIZATION AND PLANNING

Since Extension work was new to this Assistant Agent, conferences were held nearly every day with Miss Stewart during the first part of June at which time Miss Stewart explained Extension procedures such as how and when to make reports and travel requisitions, how to keep receipts, proper method of filling out expense accounts, mileage reports, etc. She gave this Assistant Agent an opportunity to read narrative reports of Home Demonstration Agents throughout the State which further explained the Extension program in Arizona.

During the latter part of June, this Assistant Agent worked with Mrs. Linner in the Pima County office. Some time was devoted to cleaning shelves, reorganizing and stacking pamphlets, and labeling stacks in the office which offered this Agent the opportunity to learn what type of materials are kept in a County Extension Office. Some time in July was devoted to sorting, classifying, and filing materials for Mrs. Linner and this also served to familiarize this Agent with the filing system and type of materials kept in an Extension reference file.

FOOD PRESERVATION AND STORAGE

On June 8 and 9, 1954, this Assistant Agent attended a Freezer Clinic conducted by Mrs. Elsie Morris, State Nutritionist. Mrs. Ruth Linner, Pima County Home Demonstration Agent and Miss Frances Lempe, Pinal County Home Demonstration Agent, also attended this clinic held on the University of Arizona Campus.

The objective of this clinic was to prepare those attending to hold Freezer Clinics in their respective counties.

On the first day of the clinic the following was discussed:

- a. The history of frozen foods.
- b. The principles of home freezing.
- c. Freezing materials available; why some are acceptable and others not.
- d. Food which is practical to freeze.
- e. The economics of a freezer.
- f. The storage of frozen foods.
- g. The cooking of frozen foods.

The second day included actual freezing of a variety of foods in different types of freezing materials. And in the afternoon a review was held of the general principles of freezing, as well as skeleton plans made for demonstrations that might be given later to homemakers.

The workshop taught this Assistant Agent many new ideas and principles as well as refreshing ones previously learned. She also gained a great deal from the discussion on planning a demonstration which was to be put into actual practice at a later date when she presented a freezing demonstration to the Sunnyside Homemaker's Club of Pima County. This Homemaker's Club specified that they were most interested in baked foods, prepared dishes, lunchbox sandwiches, etc. However, this Assistant Agent included procedure for freezing peaches and green beans in the demonstration. Six women and Mrs. Linner, Pima County Home Demonstration Agent, were present. The group lent itself well to an informal discussion and demonstration and the participation of the women in the discussion added many good ideas as well as giving an opportunity to rectify some incorrect ideas held by some of the women. The discussion of freezer economics at this time made it possible to tactfully point out to those of the women who owned a large, empty freezer, just how costly this piece of equipment was to her.

Assistance in preparing the demonstration was given this Assistant Agent by Mrs. Linner and previous background work had been supervised by Miss Stewart and Mrs. Morris.

This Assistant Agent and Miss Stewart assisted Miss Anne Shute, Home Demonstration Agent of Navajo and Apache Counties with two Pressure Cooker Clinics on July 22, 23. Four communities, thirty women, and 47 pressure cooker lids were represented at the two meetings. In preparation for the clinics, hardware stores were visited in each community to check on the type and kinds of replacement parts available so this information could be given to any who needed new parts for their lids. Every lid was cleaned thoroughly, and the pressure gauges checked for accuracy. The date checked and any necessary adjustments were written on the lids with ink and coated with heat-resistant covering.

Evidence of past Pressure Cooker Clinics was testified to by the number of lids brought to this clinic for gauge checks. However, it is hoped that the effectiveness of the current clinics will be made evident by cleaner lids (I.E. safety valves and petcocks) being brought to future clinics.

CLOTHING AND TEXTILES

This Assistant Agent assisted Mrs. Linner, Pima County Home Demonstration Agent, with three Sewing Machine Clinics this summer. Statistics for these clinics are as follows:

DATE	PLACE	NUMBER OF COMMUNITIES REPRESENTED	ATTENDANCE
6/30/54	First Methodist Church, Tucson	4	10
7/1/54	First Methodist Church, Tucson	1	4
7/9/54	Mrs. Thomas' home, Tucson	4	9
Total		9	23

MAKE	NUMBER
Singer-Featherweight	5
Singer-Console	11
White Rotary	3
New Home	1
Montgomery Ward	1
Kenmore	1
Pleasure	1

At each of the clinics the women were taught, step by step, how to take apart, clean, oil, and reassemble their machines. The main difficulty encountered by many of the women was getting sufficient oil on their machines after using the cleaning fluid. Several had to repeat the oiling two or three times. The afternoon was devoted to adjusting tensions. Few realized how long this would take and several had to be encouraged to remain long enough to adjust their machines to a really good stitch. All except one went home from the clinics with their machines stitching as well or better than when they arrived at the clinic. The one exception required repair work. However, this did not result from work done on the machine at the clinic.

The U.S.D.A. bulletin, "Sewing Machines--Cleaning and Adjusting," was distributed to all the women at each clinic. A dittoed sheet, prepared by Miss Church, Extension Clothing Specialist, giving the procedures followed at the clinic for cleaning and adjusting a sewing machine was distributed to those who wanted to help others clean a machine. Many of the women came to the clinic with the idea specifically in mind that they were going to help others in their respective clubs clean their own sewing machines.

At each clinic it was explained to the women that the machines would need further adjustments after a few days. The women were told to call the County Extension office for help if they should have any difficulties in making the necessary adjustments by themselves.

The women were requested to call the County Extension office and report any help they gave others in cleaning machines, so this information could be recorded.

RECREATION AND COMMUNITY LIFE

This Assistant Agent attended and assisted with the Country Life Conference held on the University of Arizona Campus, June 14, 15, 16, 17, 1954. Approximately 130 women from 39 communities attended this Conference which had for its objectives:

- To acquaint the women attending the Conference with the University of Arizona Campus.

- To endeavor to get the women attending the Conference to realize the relationship of the Extension Program to education and the University.

This Assistant Agent helped prepare the dormitory for the women's arrival, helped register the women, and helped check them out of the dormitory at the close. Her main responsibility for the Conference was to conduct tours to the religious centers around campus as the women had expressed their desire to visit as many of the centers as possible.

Tours were conducted on two mornings with approximately 50 women participating. A member of the Student Religious Council of the University of Arizona gave a short talk before the tours started, explaining the possible activities in religious matters on campus. This talk did much to put our groups in the "right frame of mind" to proceed with the actual touring. The Hillel House, Latter Day Saint's Institute of Religion, Newman Club, Westminster House, Methodist Student Center, and the Baptist Student House were all visited. All who participated felt it most worthwhile and many expressed the wish that there had been time to visit more of the centers. The hosts and hostesses of the various centers received the groups most cordially, guiding the groups through the centers and explaining the functions of their respective places.

4-H CLUB WORK

Round-up:

This Assistant Agent's introduction to Extension work was when she attended the Arizona 1954 4-H Round-Up held on the University of Arizona campus June 1-5, 1954. This provided the opportunity to observe the procedures used and plans followed in a Round-Up and to "learn by doing" in the different phases of Home Economics at the Round-Up, whenever possible. She worked under Mrs. Kightlinger, Acting State 4-H Leader, throughout the Round-Up.

This Assistant Agent's participation in the Round-up included assisting with the registration of girls and women attending the Round-up; serving as timekeeper for clothing judging contests; serving as hostess to girls and adults touring the University of Arizona Home Management House; serving as chairman for Junior Food Preparation demonstrations; assisting with the tallying of contest results in the 4-H office following the afternoon contest sessions; and assisting Mrs. Kightlinger in checking 4-H'ers and adults out of the dormitory.

The experience greatly broadened this Assistant Agent's knowledge of the 4-H program in Arizona, since her 4-H work was done in another state. She found the junior contests especially interesting as this procedure was not familiar to her. The follow-up work in the State 4-H office with tallying contest results, sorting ribbons, etc., gave this Assistant Agent an insight into still another part of the 4-H program. During July this Assistant Agent devoted five days to bringing 4-H club member files up to date and checking spring enrollment summary sheets.

She felt the opportunity to meet and get acquainted with the home demonstration agents throughout the state was an unusually good beginning for her summer in extension work, as she would be working more with these people throughout the summer.

Pima County:

While working in the Pima County office, this Assistant Agent devoted several days making illustrative materials for first and second year 4-H Clothing Projects. It was felt this material would be a great help to new leaders who are not sure just what the 4-H standards are for clothing projects.

This Assistant Agent accompanied Mrs. Linner to three 4-H club meetings during July. One of the clubs visited was very new and the main purpose was to help the girls realize the importance of finishing their project work. Another club had a new leader who needed assistance for her first meeting with the girls. This group of children as a whole are somewhat slower than average and need more supervision with their project work. Due to home circumstances most of their project work has to be done at the meeting which requires a great deal of supervision from their leader.

Our visit to the third 4-H club was acutally a follow-up on Mrs. Linner's part. This group was comparatively new, and Mrs. Linner felt it important to meet with them and their leaders to evaluate project work already done. Both the girls and the leaders are new to 4-H and did not fully understand 4-H standards for project work. Therefore, our visit enabled them to see what were the good and bad points of their project work and to remedy many of the poorer points which was especially true of the clothing projects.

Cochise County:

While in Cochise County, this Assistant Agent spent August fourth learning basket-weaving in preparation for the craft class she was planning to help instruct at Prescott 4-H camp. Mrs. Gaskill gave the instruction and the procedures to be followed in presenting this craft at the camp classes was planned. It was decided that each camper should first make a woven mat which would present the various phases of basket-weaving in a simple form before progressing to actual basket-making.

Cochise County, Program Planning:

On August 6, this Assistant Agent traveled with Mrs. Gaskill to Bisbee for a 4-H Leader Training Meeting. There were seven leaders and Junior leaders present. This Assistant Agent's part of the program was concerned with Program Planning. In preparation for this, Mrs. Kightlinger explained to this Agent what the State Office desired of local clubs in the way of program plans and what was expected in the way of Junior leader Program Plans. Mrs. Gaskill also explained what pointers she especially wanted covered at the meeting, gave this Assistant Agent the materials that were to be used so that she had an opportunity to study them ahead of time.

Objectives: To help leaders look ahead and plan meetings so that all phases of the current year's 4-H work is included.
To help leaders plan better meetings and to encourage leaders to have written meeting plans.

Method: The round-table discussion was selected as the teaching method. Leaders discussed how clubs could do community service, and what some health and safety projects might be for their respective clubs.

Pointers brought out pertinent to program planning included:

- a. Having dates of local, county, and state events in mind before starting any actual planning.
- b. Deciding the number of meetings the club would hold.
- c. Importance of distributing work to be covered comparatively evenly and in such a manner that project work would be completed in time for fairs, etc.
- d. Importance of leaders having thought through tentative program plans before meeting with planning committee.
- e. Importance of making written program plans, but also remembering that good program plans are flexible enough to allow for the unexpected.

Materials distributed included:

- a. Program planning sheets.
- b. "4-H Activities" Bulletin No. 187.
- c. "How to Conduct your 4-H Club Meeting" Bulletin No. 158.

Materials discussed and shown to group, but not distributed included:

- a. "Parliamentary Procedures"
- b. "Plan Your 4-H Meeting"

Results: The leaders present, several of whom were new leaders, seemed to have a clearer understanding of program planning and to feel it was not such a forbidding task as they had thought.

4-H CAMP

Situation: Prescott 4-H Camp, August 9-14, 1954

Attendance: Boys 49, Girls 100, Staff 12; Cooks and Dishwasher 3.

This Assistant Agent accompanied Mrs. Kightlinger to Prescott Sunday, August 8, and Monday morning went out to the camp grounds. This assistant Agent devoted a greater part of the morning to checking cabins, dormitories, restrooms, and their contents with the camp grounds caretaker. A careful check of inventory is made and the camp charged for anything broken or missing when camp again is checked at the end of camping period.

The afternoon was devoted to helping Mrs. Kightlinger register the campers as they arrived. At this time they signed up for their preferred craft class. Inasmuch as too many choose one craft class, it was necessary to ask some to move into the class of their second choice.

While campers participated in the evening recreational program, this Assistant Agent worked with Mr. Isaacson and Mrs. Kightlinger preparing materials for the basket weaving craft class. A great deal of reed had to be wound into manageable rolls and spokes cut for the campers' use the following morning in craft class.

The camp program in which this Assistant Agent specifically participated were as follows:

Basket-Weaving Class: Approximately 65 campers participated in this craft class. Due to the large size of the class, it was necessary for Mrs. Kightlinger to assist Mr. Isaacson and this assistant Agent in teaching the class. Although in some cases, campers had to be encouraged to take this craft class, after they got started their enthusiasm was very encouraging and some nice articles were made. All participants made a mat to begin with and from that many went on to more difficult baskets. Now that the craft has been introduced and the campers found it interesting, this Assistant Agent feels it would be worthwhile to continue at future camps.

Recreational Instruction Class:- This assistant agent worked with Mr. Weick in this class. He did most of the planning and executing of the class. A different group of about 38 campers each participated in this class each day. Instruction was given in square dancing and other musical dances, such as the Jessica Polka, and games which the campers could take home to their respective clubs. The class seemed to be both enjoyed by the campers as well as being educational to them. Personally, this assistant agent felt that she herself learned as much as or more than many of the campers, which incidentally, was to prove very useful at the Mt. Lemmon 4-H camp which followed.

Evening Recreation Wednesday Night:-Mr. Isaacson and this assistant agent worked with the recreational committee in planning the program for this night. Committee members were encouraged to lead the recreation planned for the evening and in this they did a very good job. Dodge ball and Three-deep were introduced for the first time during this evening's recreational program. The group seemed to enjoy both games a great deal. Due to the large number of campers, they were divided, according to age, into two groups. This added to the campers' enjoyment of the games since campers of nearer the same sizes were playing together in each group.

Music:-This assistant agent led group singing each morning during the morning assembly period. She introduced to the campers a 4-H song to the tune of "The Caissons Go Rolling Along". The song's easy words and catchy tune made it quite popular with the campers and many asked for the words so they could take it home to their own clubs. On the whole this assistant agent felt the campers did a good job of singing, with almost every camper taking part.

General Notes:- The camp was well planned and although an unexpectedly large enrollment made for some problems in the craft classes, both the staff and the campers cooperated in making the best of this situation.

4-H CAMP

Situation:- Mt. Lemmon 4-H Camp

August 16-21

Attendance, 43 boys, 59 girls; Staff, 11; Cooks and dishwasher, 3.

This assistant agent transported the nurse and dishwasher to camp, leaving Tucson at 1:00 p.m. August 16 and arriving at Camp Lawton at approximately 2:30 p.m. The afternoon was devoted largely to getting settled in camp. During the evening recreation program, this assistant agent helped prepare reed for the Basket Weaving craft class.

Ceramics:- Approximately 35 campers finally ended up in this class. The class was held outdoors which worked well as the sun shone nearly every morning and this kept the mud and clay out where it was easy to clean up. All members of the class were asked to make a box. They could make most any size or shape they desired. Many also made lids and many who didn't make the lids converted their boxes into ash trays to take home to their families. The painting was done inside the dining room because of the damp atmosphere outside. All in all, the class seemed to be well enjoyed and many very acceptable articles were turned out by the class. These were taken to Tucson to be fired and then given to the owners Saturday morning before they left camp.

Cabin Check:-Being Girl's Camp Advisor, this assistant agent worked with the Girls' Camp Chief in checking cabins each morning. They were rated numerically than divided into blue, red, and white cabins. The camp chief distributed the flags at noon. Many of the cabins did excellently in keeping their cabins clean. Others were not such good housekeepers.

Recreation:- All evening recreation was held in the dining hall. Although it was somewhat crowded, it made a good place for the recreation and since we had rain so many evenings, it was well we had indoor recreational facilities. This assistant agent assisted with the recreation on several evenings. The group was cooperative and a very large percentage of the campers participated in the programs planned. The Jessica Polka seemed to be one of their favorites and this dance was included at least once in every evening's recreation. At the request of a large number of the campers some ballroom dancing was included in every evening's program. So many of the campers danced that it seemed quite worth-while to include this in our program.

General Notes:-After Mrs. Linner was called away from camp, this assistant agent helped whenever possible to fill in some of the "gaps" left by her absence. Among other things, she assumed the responsibility of checking Pima and Santa Cruz girls in at night, which wasn't much of a job, for the girls were always in their cabins by "lights out" time.

The abundance of rain which fell during camp--especially in the afternoons--made some changes in our program necessary. The campers cooperated with the staff in these changes and all made the best of the situation. Many campers chose these rainy afternoons to work on their craft projects, especially those in leather craft and basket weaving.

Our food was excellent--so much so that the campers themselves made many complimentary remarks concerning it.

This assistant agent feels that both weeks she spent at camp were exceedingly educational for her as well as most enjoyable.